



**East London**  
NHS Foundation Trust

**Information Governance**

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30 July 2020

**Our reference: FOI DA3479**

I am responding to your request for information received 26 June 2020. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Keshia Harvey  
Information Governance Manager

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision. If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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**Request:**

**Question 1. Number of children referred to your service in 2019**

Answer: 12,685 children were referred to Trust services in 2019

**Question 2. Number of children referred to your service in 2019 with a physical illness**

Answer: This information is not recorded on our clinical systems and therefore cannot be answered.

**Question 3. Average waiting times for your service in 2019**

Answer: The average waiting time for children our service in 2019 was 17 days.

**Question 4. Average waiting times for your service in 2019 for children with a physical illness**

Answer: This information is not recorded on our clinical systems and therefore cannot be answered.

**Question 5. Average number of sessions for your service in 2019**

Answer: The average number of sessions for Trust children's services in 2019 was six sessions.

**Question 6. Average number of sessions for your service for children with a physical illness**

Answer: This information is not recorded on our clinical systems and therefore cannot be answered.

**Question 7. Number of children rejected from your service in 2019 and reasons**

Answer: This information is not recorded on our clinical systems and therefore cannot be answered.

**Question 8. Number of children rejected from your service in 2019 with a physical illness and reasons**

Answer: This information is not recorded on our clinical systems and therefore cannot be answered.

**Question 9. Who provided the intervention for children with and without a physical illness in 2019?**

Answer: All children receive care from a range of health and allied professionals.

**Question 10. What was the intervention provided for children without and without a physical illness in 2019?**

Answer: All children receive care from a range of health and allied professionals.

**Question 11. Does the service offer 'low intensity' interventions e.g., guided self-help?**

Answer: All children receive care tailored to their needs.

**Question 12. Does the service offer 'high intensity' interventions e.g., a full 12-20 session course of psychological treatment delivered by a qualified clinician?**

Answer: This information is not recorded on our clinical systems and therefore cannot be answered.

**Question 13. Does your service offer 'stepped care' i.e., starting with a low intensity intervention and then moving onto a high intensity one?**

Answer: The Trust provides a range of evidence based interventions based on clinical need.

**Question 14. Does your service offer stepped care for children with physical illness i.e., starting with a low intensity intervention and then moving onto a high intensity one?**

Answer: The Trust provides a range of evidence based interventions based on clinical need.

**Question 15. How many children with and without physical illness received stepped care vs. high intensity therapy in 2019?**

Answer: The Trust provides a range of evidence based interventions based on clinical need.