



**East London**  
NHS Foundation Trust

**Information Governance**

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28 August 2020

**Our reference: FOI DA3528**

I am responding to your request for information received 22 August 2020. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Keshia Harvey  
Information Governance Manager

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision. If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliff House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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Chair: Mark Lam

Chief Executive: Dr Navina Evans CBE

*We care*

*We respect*

*We are inclusive*

**Request:**

**Data Request under the Freedom of Information Act (2001) The prevalence of 'Compulsive Sexual Behaviour Disorder' in the U.K. is unknown at this point and there is no tangible evidence to support the idea of this concept. However, there seems to be a clinical need in this specific area. As a British researcher in the field, I would like to gather information about current treatment in the area of CSBD since its recent inclusion in the revised version of the International Classifications of Diseases-11 (ICD-11), it is imperative to document how accessibility to NHS talking therapy services can be improved for those exhibiting such behaviours. I submitted a request in September 2013, this is a follow up request to examine if there have been any changes in the treatment provisions over the last six years.**

**Under the Freedom of Information Act (2001), we would like to request the following information:**

**Types of services offering problematic sexual addiction;**

- **Number and job title of qualified mental health professionals within each service who offer treatment for sexual addiction;**
- **Number of sexual addiction specialists within the Trust;**
- **Lowest age limit for referral to service.**

**We would also like to gather specific referral data for any individuals that had been referred for treatment of a sexual addiction problem within the trust as follows:**

- **Number of referrals where sexual addiction was the primary reason for referral;**
- **Age of referrals;**
- **Gender of referrals;**
- **Type of treatment offered;**
- **How many attended first appointment;**
- **How many never attended;**
- **How many completed treatment;**
- **How many dropped out of treatment part way through;**
- **How many were still in treatment**

**Answer:** East London NHS Foundation Trust is a mental and community health Trust. We do not have a specific Compulsive Sexual Behaviour Disorder service but where individuals present with problems including compulsive sexual behaviour, these would be taken into account and factored into consideration of any interventions offered.