

Leadership Resources



Change



Remote Working



Leadership



Supporting Eachother/Connection

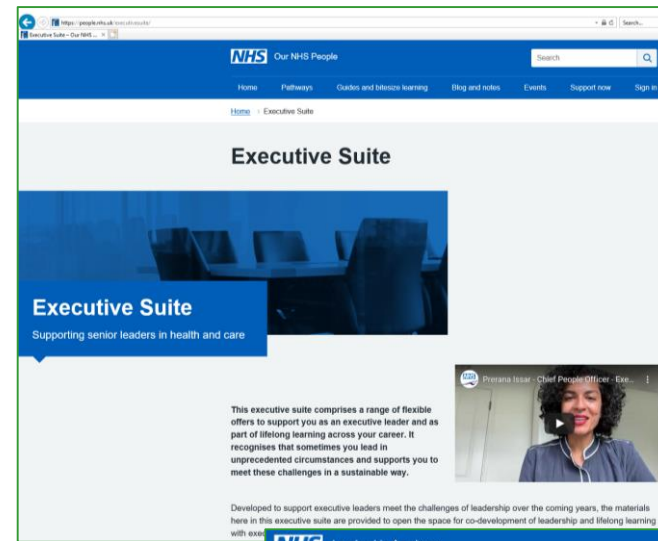
Olga Osokina, OD Business Partner

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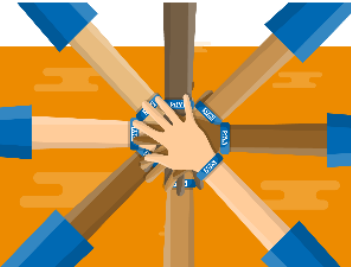
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17th December 2020

External Offer



Show all events Show events from **Now onwards** Event categories



Leadership Circles Autumn series

Wed 25 Nov 8:00 am

Leadership Support Circles are part of our National Health and Wellbeing response to Covid19 to support the wellbeing of #OurNHSPeople.

read more →

Test Event

Fri 25 Dec 8:00 am

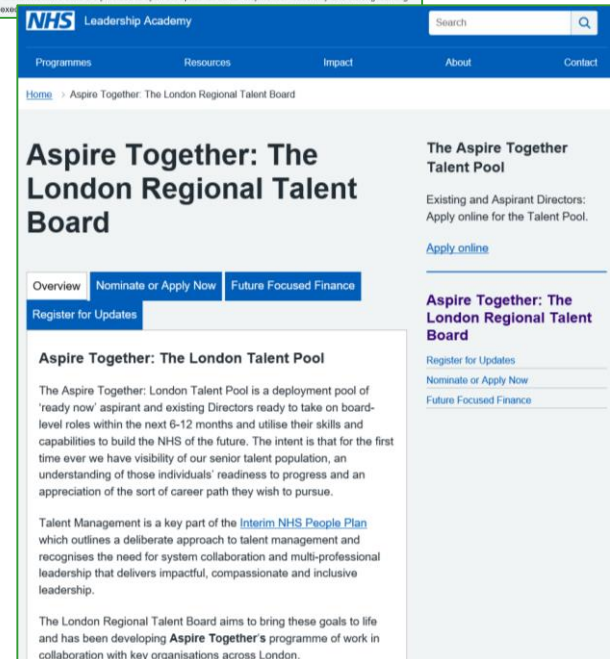
This is a test event for our accessibility audit. Please do not register for this event unless you are part

read more →

Mentoring via <https://mentoring.eoe.hee.nhs.uk>

Career advisory portal via talentcareerteam@leadershipacademy.nhs.uk

Coaching via <https://coaching.eoe.hee.nhs.uk/>



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#ProjectM

#ProjectM

Supporting and connecting leaders and managers in health and care

A place and space for team leaders and managers to connect, share and learn together. Through your feedback, contributions and emerging themes we will be releasing new content led by you, for you.

[Join the conversation on Twitter with #ProjectM](#)

Self care

To be able to support and lead others, you told us that starting with yourself was important. Here are some suggested resources to help focus on self-care.



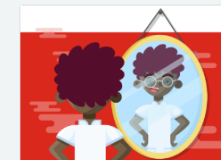
The happy secret to better work

[See more...](#)



Build resilience by managing your energy

[See more...](#)



Personal resilience: An anchor in the unknown

[See more...](#)

Pathways

There's so much useful information and advice available you may be unsure of where to start or where to look for answers.

Choose a pathway through the offers and information.

- [➔ Get health and wellbeing support now](#)
- [➔ Support for people working in primary care](#)
- [➔ Support when working in a clinical environment](#)
- [➔ Support for team leaders](#)
- [➔ Support for mid-level leaders](#)
- [➔ Support for executive leaders](#)
- [➔ Support for mental health professionals](#)

Coming soon

- [➔ Support for people working in social care](#)



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Programmes 2020 - 2021

						 2025 Leaders		CHIEF EXECUTIVE DEVELOPMENT NETWORK	Positive action programmes	
Who is it for?	Anyone who is interested in healthcare leadership	Those in their first clinical or non-clinical leadership role	Clinicians or managers leading from the middle of health and care systems, aspiring to lead large and complex programmes, departments, services or systems of care	Middle to senior clinical or non-clinical leaders aspiring to lead large and complex programmes, departments, services or systems of care	Those newly in or aspiring to be in an executive director role	Those at director level who aspire to be in a more senior director position in a larger national level organisation in the next three years	Directors aspiring to lead at chief executive level in an NHS accountable role within the next 12-24 months	Leaders at chief executive level in an NHS accountable role, focused on both service provision and system development	Black, Asian or minority ethnic (BAME) leaders working at bands 5 to 7	Black, Asian or minority ethnic (BAME) leaders working in bands 8a or above
Duration	Approx. 6 weeks	6 months	9 months	24 months	12 months	12 months	12 months	Ongoing	2 to 3 months	12 months
Time commitment	<ul style="list-style-type: none"> Recommended 5 hours of self-led work per week 	<ul style="list-style-type: none"> 5 hours per week self-led 3 out of office days split over 3 workshops 	<ul style="list-style-type: none"> Minimum 4 to 5 hours per week 8 out of office days 	<ul style="list-style-type: none"> Minimum 15 hours per week 22 out of office days including 4 residential 	<ul style="list-style-type: none"> Minimum 10 hours per week 17 out of office days including 4 residential 	<ul style="list-style-type: none"> 12 out of office days including a co-design event, residential and Denmark visit Peer-to-peer consultation arranged at appropriate intervals 	<ul style="list-style-type: none"> Approx. 1 day per week spread across the year 22.5 out of office days including residentials and praxis groups 	<ul style="list-style-type: none"> 3 x 2 day development days per year 	<ul style="list-style-type: none"> 4 to 5 out of office days (depending on banding) split over 2 residentials 	<ul style="list-style-type: none"> 12 out of office days split over 5 residentials
Learning methods	<ul style="list-style-type: none"> Online Work based application 	<ul style="list-style-type: none"> Online Face-to-face workshops in regions Work based application 	<ul style="list-style-type: none"> Online Face-to-face workshops Facilitated impact groups Work based application 	<ul style="list-style-type: none"> Online Face-to-face residentials in Leeds Self-managed learning sets Work based application 	<ul style="list-style-type: none"> Online Face-to-face residentials in Leeds Self-managed learning sets Work based application 	<ul style="list-style-type: none"> Face-to-face residentials Week long study visit to Denmark Placement opportunities Consolidation event 	<ul style="list-style-type: none"> Online Face-to-face residentials in Leeds Praxis groups Work based application 	<ul style="list-style-type: none"> Face-to-face residentials in Leeds and London Online virtual campus for learning and information One-to-one sessions with a development coach 	<ul style="list-style-type: none"> Face-to-face residentials in Leeds and London Self-directed learning Work based application 	<ul style="list-style-type: none"> Face-to-face residentials in Leeds Self-directed learning Work based application
Awards	NHS Leadership Academy Award in Healthcare Leadership Foundations	NHS Leadership Academy Award in Healthcare Leadership	NHS Leadership Academy Award in Senior Healthcare Leadership	NHS Leadership Academy Award in Senior Healthcare Leadership MSc in Healthcare Leadership	NHS Leadership Academy Award in Executive Healthcare Leadership	Certificate of dedication and recognition	NHS Leadership Academy Chief Executive Award	Not applicable	Certificate of completion and recognition of achievement	Certificate of completion and recognition of achievement
Applications	Ongoing - please visit the website for more information	Ongoing - please visit the website for more information	Ongoing - please visit the website for more information	From Summer 2020	From Spring 2020	From Autumn 2020	From Autumn 2020	Ongoing - please visit the website for more information	From Spring 2020	Please visit the website for more information
Cost	Free	£995	£1,200	£6,000	£4,500	£11,000 (based on 20 participants)	Fully funded	Fully funded	Fully funded	Fully funded
Bursary availability	Our bursary scheme supports talented individuals from under-represented groups across leadership levels who, without financial help, would miss out on the opportunity to access our excellent leadership development programmes. For information on eligibility, and whether a bursary is available for your chosen programme, please check the 'Key information' section on the specific programme page on our website.									

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Internal Offer

BPP

COACHING PROFESSIONAL APPRENTICESHIP.

in partnership with

Grant Thornton



Elective Learning via L&D Team

Managing Remotely

NHS East London NHS Foundation Trust

Senior Clinical Leaders Programme

Duration: 7 half-days across 7 modules

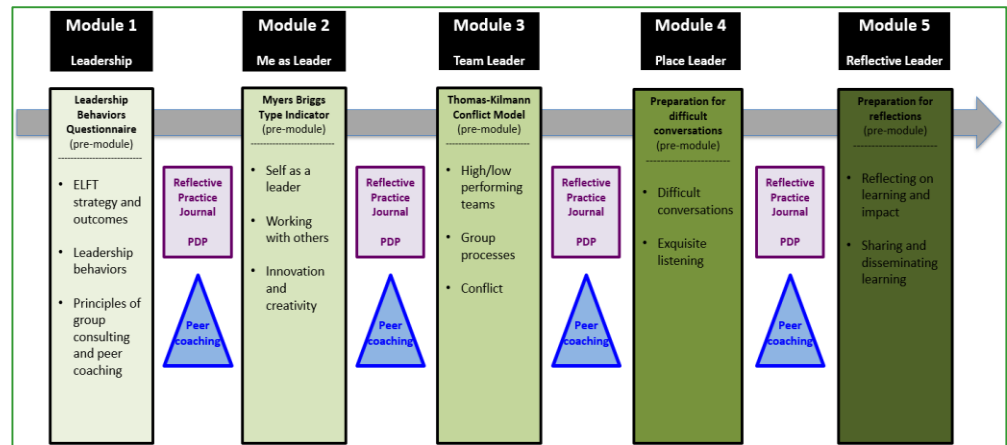
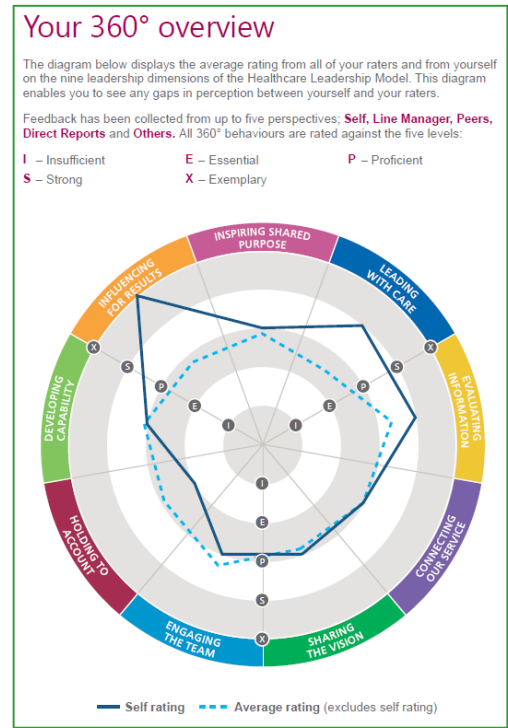
NHS East London NHS Foundation Trust

Leadership Workstream

NHS East London NHS Foundation Trust

CHS BAND 7 TEAM LEADERS' DEVELOPMENT PROGRAMME

ELFT 2020



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Browser address bar: <https://elft.onpld.com/>

Page Title: Coaching and Mentoring at...

NHS
East London
NHS Foundation Trust

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Welcome to East London NHS Foundation Trust's Coaching and Mentoring Platform



At East London NHS Foundation Trust (ELFT) we recognise that providing mental health and community health services to our diverse local communities requires a highly skilled, engaged and culturally capable workforce. Therefore, our vision is to develop a culture where everyone flourishes and delivers high quality, continually improving, compassionate, inclusive and safe care.

To support this vision, we are committed to developing our peoples' full potential as well as equipping our colleagues with tools like coaching and mentoring so that they can enhance their self-awareness, personal and professional skills, development, effectiveness, performance and growth.

Use this platform to sign up to become a Coach and/or a Mentor or to find a colleague who can Coach and/or Mentor you. We hope this opportunity will enhance your development!

If you have any questions or would like to find out more about our Coaching/Mentoring Programmes, e-mail the People and Culture Team at elft.peopleandculture@nhs.net


[More Info](#) [Get Started](#)

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Account Login

Email

Password 

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Supporting Eachother/Connection

The People & Culture offer provides:

- Support for ELFT teams that is responsive to the emotional needs of staff during this transitional COVID-19 stage.
- Facilitation of safe spaces for teams to work through the team's experience, impact and learning from the COVID-19 pandemic.
- Collaboration with teams to co-create an appropriate event that is tailored to the team's need depending on climate and need, working collaboratively with other Corporate teams e.g. QI.
- Outcomes and measures to be co-created with the Team.

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Indicative Content

Indicative Activity and/or Method

Individual Existential MOT

Pre-activity to prime reflections for sharing Window of Tolerance (Red/Amber/Green) Empathy Map

Acknowledging Individual Stories

The Circle Way (Baldwin, 1998)
ThinkWave Cards
Lego Serious Play

Recognising Changes & Impact

4C's (Richter)

Leaving behind and Moving Forward

Janus Gate (Compassionate Mind)
Imagination Studio (Eickhoff & Geffers, 2007)
Future Pruning (Hohmann)
Memory Wall

Learning, Adaptations & Reflections

Start, Stop, Continue
Who, What, When Matrix
Canvas Creation

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