**Occupational Health Provider – TP Health**

Managers can refer staff or staff can self-refer to the occupational health provider. Advice provided on a number of health-related areas including, ill-health retirement assessment, fitness for work, adjustments for disability/illness incapacity, redeployment considerations, psychological wellbeing support and/or signposting.

Telephone – 01327 810 269

Email – [info@tphealth.co.uk](mailto:info@tphealth.co.uk)

<https://tphealth.co.uk/>

Address:

First Floor Rickyard Barn  
Pury Hill Business Park Towcester  
Northamptonshire  
NN12 7LS

**Care First Employee Assistance Programme (EAP) – available 24 hours everyday.**

Telephone **0800 174 319**

Website: [**www.carefirst-lifestyle.co.uk**](http://www.carefirst-lifestyle.co.uk)and use the following log-in details:-

* Username : ‘sath’
* Password : ‘employee’

Counselling is also available through Carefirst.