

Information Governance

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Our reference: FOI DA3074

Thank you for your request for information received 3rd April 2019. I am sorry for the delay in responding to you. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Ayomide Adediran
Information Governance Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision. If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention

Request:

Please can you tell me:

Question 1. How many psychologists are currently on staff at Bedford East and Bedford West CMHTs?

Answer: There are three CMHTs in Bedford (North, East and West). Across those teams, there are 3.5 funded qualified psychology posts.

Question 2. How many vacancies are there currently for psychologists at Bedford East and Bedford West CMHTs?

Answer: 2.0 posts are currently fully staffed. The remaining 1.5 vacancies have been recruited to and are awaiting new staff members to come into post. The Trust expects to be fully staffed by October 2019.

Question 3. What kinds social interventions are currently offered by Bedford East and Bedford West CMHTs?

Answer: Services users are supported to access and attend support networks in the local community, and the Recovery College through social prescribing. We also have staff who co-facilitate the OMG music group in Bedford.

Question 4. What kinds of community based support do Bedford East and Bedford West CMHTs offer to long term treatment-resistant, chronically depressed patients?

Answer: Service users open to the Community Mental Health Service including Bedford East and Bedford West are supported to attend support groups within the Recovery College, through voluntary agencies such as MIND. We run Managing Mood Groups within our services, redirecting service users to the Lighthouse project.

In all cases every service user is individually assessed and has a plan of care tailored to their individual need.