

**REPORT TO THE TRUST BOARD: PUBLIC**  
**30 January 2020**

<b>Title</b>	People Participation Committee 2 December 2019 – Chair’s Report
<b>Committee Chair</b>	Aamir Ahmad, Committee Chair
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**Purpose of the report**

To bring to the Board’s attention key issues and assurances discussed at the People Participation Committee (PPC) meeting held on 2 December 2019.

**Issues to be brought to Board’s attention**

At its meeting on 2 December 2019 the Committee considered a range of items including new people participation priorities, Community Mental Health transformation, and an update on the ‘loneliness’ review.

The Committee wished to draw the Board’s attention to the following:

- **New People Participation Priorities:** The Trust-wide Working Together Group has identified 10 new priorities for 2020/21
  1. To support more social connections
  2. To support access to employment and education
  3. To focus on life skills, such as budgeting, internet use
  4. To improve letters/care plans so that service users receive letters to (not about) them
  5. To get the basics right, such as easier access and shorter waiting times
  6. To use service user input to improve supported housing
  7. More co-production with Councils, local businesses etc.
  8. Re-design and transformation to include service user input
  9. Integrated care needs to happen (felt this is talked about, but in reality is not happening)
  10. Increase the option of People Participation to all as an automatic offer
  
- **Community Mental Health Team Transformation:**
  - The aim of this trailblazing project is to emphasise population health where services are provided as locally as possible as part of an overarching care plan covering biological, social and psychological needs which focuses on what people say matters to them including, for example, employment support
  - The programme is part of a larger piece of work which will take place over the next five years and is part of the long-term plan
  - Initially the work will focus on City and Hackney, Newham and Tower Hamlets
  - In discussion the Committee requested the following suggestions were considered further: the involvement of carers in the review and the development of care plans, small voluntary and community organisations should be involved at an early stage, and prioritising the education of mental health issues to improve understanding.
  
- **Loneliness Meetings Update:**
  - The loneliness project is an important part of the Trust’s population health work
  - The definition used to describe loneliness is *the gap between your actual social activity and the level of social activity you would like.*
  - Progress to date includes the development of a training package for staff aimed at encouraging open and honest discussions about loneliness and the development of local solutions in boroughs to help with loneliness
  - The Committee requested that the approach should be broadened to schools and early intervention work would also be valuable.