

Who are we?

We are a specialist service with experience working with severe/complex eating disorders. Our multi-disciplinary team can provide psychiatric support and dietetic sessions alongside psychological therapy.

Address:

Eating Disorders Service
Mountbatten House
56 High Street South
Dunstable
LU6 3HD

Phone: 01583 709066

Email: elt-tr.eatingdisorder.service@nhs.net

Treatment locations

We are based at the Mountbatten House in Dunstable and this is where we will invite you to attend your initial appointment. If you are offered further psychological therapy or dietetic support, we offer clinics both at Mountbatten House and in Bedford.

Other Useful Resources:

BEAT: Eating Disorders Association

Beat is a UK charity for people with eating disorders and their families. They provide helplines, online support, self help groups and a number of useful resources on their website.

Helpline: 0345 634 1414 or 0808 801 0677

Website: www.b-eat.co.uk

Caraline

Caraline is an eating disorders charity based in Luton. They offer support groups for both those suffering and carers.

Website: www.caraline.com

Samaritans

Samaritans is a registered charity aimed at providing emotional support to anyone in emotional distress, struggling to cope, or at risk of suicide.

24/7 Freephone helpline: 116 123

CEDA—Carers Eating Disorder Association Support Group

Monthly support group for carers of people with eating disorders. First Friday of the month 10:30am to 12:00pm

Tel: 01582 470 900

Website: www.drcbeds.org.uk

Anorexia Bulimia Care

Charity providing support for people with eating disorders and carers

Website: anorexiabulimiicare.org.uk

Community Adult Eating Disorder Service

Luton & Bedfordshire



Service Information Leaflet

