

Supporting Someone with a Learning Disability

TOP 10 TIPS

1. Offer a longer appointment.
2. Modify the environment – choose a quiet room with minimal distractions.
3. Find out what the person's communication strengths are and what you can do to support them.
4. Keep language simple. Use short sentences and every day vocabulary. Avoid jargon and complex language.
5. Give the person lots of time to process information and respond.
6. Introduce the topic and break information into short chunks.
7. Support verbal information with gestures, pictures and signs. Write down key words as you are speaking.
8. Check their understanding frequently.
9. Offer written information in an easy-read format.
10. Support the use of any communication aids they need.