

2022 Research & Development Annual Conference

Wednesday 27th April

9:00	Conference Opening Jacqui Van Rossum - NELFT Acting Chief Executive
9:15	Welcome and Introduction Dr Russell Razzaque
9:30	SPEAKS: An NIHR funded feasibility trial of an emotion focused schema therapy for adults with anorexia Dr Anna Oldershaw
10:00	Helping those with a Personality Disorder obtain Employment: results of the EMPOWER programme of research Dr Janet Feigenbaum
10:30	Wellbeing session: Posture Yoga KeepingWellNEL in partnership with Yoga4LIFE project
11:00	There is something in the cellar! Equilibrium an intervention for young people who self-harm and attempt suicide. A Thematic Analysis Terence Nice
11:30	Break
11:45	Workshops:

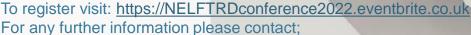
- 1. LGBT+ considerations in research Panarai Ford & Liberty Newlove
- 2. Person centred approach to research Ana Cardoso & Jonathan Simpson
- 3. Qualitative methods: an overview Hara Margariti & Jane Burgess
- 4. Implementing evidence-based interventions Georgina Charlesworth

12.45 Lunch

- 1:30 The ADAPT study: developing an online toolkit for people affected by dementia from south Asian communities **Prof Richard Cheston**
- 2:00 Addressing inequalities: Developing a holistic approach to research at **NELFT**

James Sinclair

- 2:30 Adapting Cognitive Behaviour Therapy for psychosis for inpatient settings: an overview of a feasibility randomised controlled trial Dr Lisa Wood
- 3:00 Psychological impact of Covid – what can be learnt Dr Lizi Graves
- 3:30 Poster Competition Results and Conference Summary Dr Sandeep Toot
- 4:15 Close



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