

# 2022 | Research & Development Annual Conference

## Wednesday 27<sup>th</sup> April

- 9:00 **Conference Opening**  
Jacqui Van Rossum - NELFT Acting Chief Executive
- 9:15 **Welcome and Introduction**  
Dr Russell Razzaque
- 9:30 **SPEAKS: An NIHR funded feasibility trial of an emotion focused schema therapy for adults with anorexia**  
Dr Anna Oldershaw
- 10:00 **Helping those with a Personality Disorder obtain Employment: results of the EMPOWER programme of research**  
Dr Janet Feigenbaum
- 10:30 **Wellbeing session: Posture Yoga**  
KeepingWellNEL in partnership with Yoga4LIFE project
- 11:00 **There is something in the cellar! Equilibrium an intervention for young people who self-harm and attempt suicide. A Thematic Analysis**  
Terence Nice
- 11:30 **Break**
- 11:45 **Workshops:**
1. **LGBT+ considerations in research**  
Panarai Ford & Liberty Newlove
  2. **Person centred approach to research**  
Ana Cardoso & Jonathan Simpson
  3. **Qualitative methods: an overview**  
Hara Margariti & Jane Burgess
  4. **Implementing evidence-based interventions**  
Georgina Charlesworth
- 12.45 **Lunch**
- 1:30 **The ADAPT study: developing an online toolkit for people affected by dementia from south Asian communities**  
Prof Richard Cheston
- 2:00 **Addressing inequalities: Developing a holistic approach to research at NELFT**  
James Sinclair
- 2:30 **Adapting Cognitive Behaviour Therapy for psychosis for inpatient settings: an overview of a feasibility randomised controlled trial**  
Dr Lisa Wood
- 3:00 **Psychological impact of Covid – what can be learnt**  
Dr Lizi Graves
- 3:30 **Poster Competition Results and Conference Summary**  
Dr Sandeep Toot
- 4:15 **Close**