



# Suicide Prevention Pathway Service

The Suicide Prevention Pathway Service aims to provide support for individuals who have mental health/wellbeing needs and may have accessed medical, clinical or emergency services. Individuals will not be at immediate risk of suicide but may need support to improve their mental health and wellbeing.

## **What support is available?**

When accessing the service, individuals will receive a detailed initial assessment of their immediate mental health needs with the Wellbeing Coordinator.

Over the course of one or two appointments individuals will work to explore their current situation and be signposted to appropriate support from specialist voluntary and community sector organisations in the local area. Individuals may also be supported to access such services, to improve their mental health and wellbeing.

## **Who is eligible for the service?**

The individual must be aged 18+ and live in Bedfordshire, Luton, or Milton Keynes.

## **How to access support**

Referrals can be made by third parties or individuals can also self-refer for support.

Please call: 01525 203 778 or email: [spps@mind.org.uk](mailto:spps@mind.org.uk) to obtain a referral form.



[www.mind-blmk.org.uk](http://www.mind-blmk.org.uk)

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