

Supporting Someone with a Visual Impairment

TOP 10 TIPS

1. Ask the person what their level of visual impairment is and what support they need.
2. If they cannot see, let the person know when you have entered the room and when you are leaving.
3. If they are using a Guide Dog, approach from the opposite side to the dog.
4. Approach from the side with the best vision.
5. Tell the person what is around them.
6. When guiding, describe the surroundings. Use specific language; talk about colours, textures, shapes and landmarks.
7. When guiding into a chair place the person's hand on the back of the chair.
8. Support the person to use visual aids.
9. Provide information in larger print, audio format or Braille if beneficial.
10. Ask the person if they would like information by email.