

Internal Safety Alert

HYPERTENSION and VTE screening

High Blood Pressure is considered to be systolic >140/150 or diastolic >90 ?

People with Hypertension are at risk of heart attack, heart failure, stroke etc

Inpatients with high blood pressure should have their vital signs including blood pressure readings at least daily, National Early Warning Scores

(NEWS 2)will only alert when the systolic reaches 220, it does not identify hypertension below this or the systolic .

Therefore clinicians need to be aware of the parameters for and be able to identify hypertension and refer as appropriate for treatment

Patients need to be informed of their hypertension diagnosis to take their Medication and make lifestyle changes to control hypertension. Such as : **Weight loss in obesity, regular exercise, healthy diet, limited alcohol and limited salt intake.**

ACTION: Ensure patients with high blood pressure have vital signs each day and ensure the Nurse in charge is notified if out of range .

Doctors review the risk of cardiovascular disease of all patients with high blood pressure readings alongside vital signs during the ward weekly MDT meetings . Referral to a specialist for people with resistant hypertension is recommended. [.https://www.nice.org.uk/guidance/ng/136](https://www.nice.org.uk/guidance/ng/136)

NEWS 2 e-learning <https://news.ocbmedia.com/>

VTE Screening and assessment

All Patients to have a screening risk for Venous Thrombosis Embolism within 14 hours of admission and VTE assessment carried out as required and recorded on RIO Patient electronic template under Physical Health.

Nice Guidance 2021 <https://www.nice.org.uk/guidance/qs201>

Please see Rio Form below for full VTE assessment where indicated

Nursing Physical Health Assessment Form

Psychotropic Medication Monitoring

Urine Tests Form

Observations and Measurements

Lifestyle Assessment Form

Investigations Form

COVID-19 Swab Record

Infection Screening Form (for inpatients)

Contraception - Brief Assessment

Pressure Ulcer Form Hyper Link

Medical Physical Health Assessment

Client ZZTEST, Dummy Patient (Ms) - 1024059

Date/time

Referral / Admission

Is this an admission assessment? Yes No

Status of assessment

For tick boxes, please tick if the feature or abnormality is present, otherwise leave blank
Please comment on any abnormalities noted in the free text boxes at the end of each section

Risk Assessment for Venous Thromboembolism (VTE)

Has the patient's mobility changed? (Consider restraint, catatonia, depression, seclusion)

i Complete the Risk Assessment for Venous Thromboembolism (VTE) form by following the hypertext

[Risk Assessment for VTE form](#)

Observations and Measurements

i Please complete the relevant parts of the Observations and Measurements form (including pulse rate, respiratory rate and BP) by following this hypertext

[Hypertext to Observations and Measurements form](#)

General Condition:

Skin

Hydration

Anaemia

Cyanosis

Jaundice

Goitre

Save

Clear

Cancel