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**ELFT Lead**

**Programme**

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ELFT Lead Programme

## Who is it for?

If your role involves leading your team or group to accomplish the task, developing your team, and responding to individuals' needs, then this is the programme for you. Typically, you will be in band 5 – 7 role\*. The work of others will be critical to your success.

## This programme will support you with the following (Objectives):

* To understand yourself, how you lead others, different models of leadership and how you can apply a range of leadership styles, including coaching
* To understand your “personal brand” and how to use this effectively
* To understand how you focus your time and that of others
* To understand how to lead and facilitate change effectively
* To understand how to create a high performing and psychologically safe team, including some tools to help manage conflict
* To understand how to pay attention to your wellbeing and the individual needs of your team
* To understand the broader context within which you are working, and how you can operate effectively within that
* To apply what you have learned to a short project.

## Themes, Tools, and Models throughout (Content):

* Compassionate and Inclusive Leadership, Trauma informed leadership, Coaching, Psychological Safety, Wellbeing and Engagement, Conflict, Quality Improvement, Service User Involvement, Population based approaches, Change, Teams, Working within Systems, Communication and Personal Brand.

## 2022 Programme Dates

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| --- | --- | --- |
| Module | Cohort 1 | Cohort 2 |
| **1** | 20th June (9.30 – 16.45hrs) | 4th July (9.30 – 16.45hrs) |
| **2** | 7th July (9.30 – 16.45hrs) | 21st July (9.30 – 16.45hrs) |
| **3** | 25th July (9.30 – 16.45hrs) | 4th August (9.30 – 16.45hrs) |
| **4** | 12th September (9.30 – 16.45hrs) | 15th September (9.30 – 16.45hrs) |
| **5** | 14th November (9.30 – 16.45hrs) | 21st November (9.30 – 16.45hrs) |

## Format and commitment

* Five days - classroom based
* 1 and a half days - project work
* Half day - coaching
* **Total of 7 days**

## Application process

You must make your application apply by completing the Expression of Interest form via the following link <https://forms.office.com/r/nJyzfdekMR>. Please complete by Monday 30th May. For any queries, about your suitability please contact [mairead.heslin1@nhs.net](mailto:mairead.heslin1@nhs.net) or [josephina.amuah@nhs.net](mailto:josephina.amuah@nhs.net).

\*Please note if you lead leaders, a function or division (Band 8A and above), we will have two programmes running this later this year designed to meet your needs.

## Frequently Asked Questions

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| Question | Answer |
| What format will the programme be delivered in? | * Face to Face * Project Work * Coaching |
| Can I do a mixture of the dates? | Unfortunately, due to logistics this will not be possible |
| What if I cannot attend a date? | You need to be able to attend all dates for the selected cohort. If due to an unforeseen circumstance prior to the session, you are unable to attend, please contact [heeba.maheem@nhs.net](mailto:heeba.maheem@nhs.net) at your earliest opportunity. |
| Will I get a certificate for CPD for undertaking this programme? | You will receive a certificate of attendance. |
| What will a day look like on the programme? | Please see the areas we will cover on the programme on page 2. Nearer to the time you will receive the timetable for the day. |