

# LET'S TALK ABOUT...

## Keeping Healthy with a Learning Disability

- You are invited to a group meeting.
- This meeting is for East London Foundation Trust's (ELFT) service users and carers using Learning Disability Services, or those who have been discharged in the last 12 months (1 year).

Would you like to share your views about Learning Disability services in Newham?

- Help us improve Learning Disability services in your area
- We will make a report of all the information we find out
- Our report will be used to help make services better for people with a Learning Disability in your area.

**Wednesday 18th May 1pm - 3pm**

**6-8 Woodgrange Road,**

**Forest Gate Library**

**London E7 0QH**

Please contact

**Simon Bedeau (Simon.Bedeau@nhs.net) 07554373161 to  
book your place**

