**WORK FLOW CHART TO SUPPORT ECT PROCESS**

**East London (Tower Hamlets) ECT CARE PATHWAY**

**REFFERAL**

Referrer to telephone ECT psychiatrist/email → East London ECT (elft.eastlondonect@nhs.net)

REFERRAL DISCUSSION with ECT Psychiatrist

RIO ENTRY

**DAY PATIENT**

I**NPATIENT**

**Referrer to complete**

Forms – Referral

Prescription

Capacity

Consent

Medical Systems Review form

ECT Checklist

MHA

MADRS

MMSE

Bloods ECG (if applicable)

[ONLINE REFERRAL DOCMENTATION](http://elftintranet/sites/common/private/search_quick21.aspx?q=ect&orderby=0&url=ObjectInContext.Show(new%20ObjectInContextUrl(2%2C57940%2C1%2Cnull%2C970%2Cundefined%2Cundefined%2Cundefined%2Cundefined%2Cundefined))%3B)

**Assessment**

ECT Team review of referral paperwork and ensure paperwork is complete \*

Anaesthetist review of systems review form and associated investigations \*

RIO ENTRY

**Treatment**

Following assessment ECT can be commenced on next treatment session if

→ patient is prepared and has been provided with relevant information

→ anaesthetic instructions complete (as applicable)

→ all documents completed

MHA documents if necessary

T4, T6, S62

\*Multidisciplinary review of referral documentation takes place on Tuesdays and Fridays during ECT clinic. Submission of referral documentation required the day before these meetings.

**Treatment Day**

Nurse Booking – pre ECT check list

- Observations, pulse, BP/MHA Papers

- Escort ……… reassurance and support

**Medical Assessment**

RiO ENTRY

WHO check list

Anaesthetist - Anaesthetic record

Doctors - Treatment record

Medical assessment - Capacity

Consent

MHA papers

Orientation and memory

Progress since last treatment

Review dose

Prescription for Day patients

**ECT Administration**

**Recovery**

Nurse → recovery care plan for day patient

**Discharge**

Discharge Lounge

Discharge paperwork → Recovery Staff

Discharge paperwork → Doctors/Annie

Refreshments

Transport to locality inpatient unit/discharge home as applicable

Nurse → recovery care plan for day patient