

*We believe that work leads
to a more fulfilling life and
better wellbeing*



PEER SUPPORT FOR BAME (BLACK, ASIAN, MINORITY, ETHNIC) COMMUNITIES

What is a BAME Peer Employment Coach and how can they help?

Working Well's BAME Employment Coach is someone who has lived experience of mental health issues and is able to share their journey in order to support and encourage others in their recovery.

Support offered is individually tailored and includes practical, emotional and social interaction. A BAME Peer Employment Coach can assist individuals to progress towards employment and/or education, training and volunteering opportunities.

Who can access a BAME Peer Employment Support?

- Are you over 18 and a resident of Tower Hamlets?
- Do you identify as being part of the BAME communities?
- Do you need mental health and employment support?

How to access a BAME Peer Employment Support?

Contact Ninara on 0735 4498 398 or ninara@wwtrust.co.uk