Care first

Weekly Publicity Calendar

Weekday	Daily Theme	Article	Webinar	Mobile Registration
Monday February 13 th , 2023	Service awareness	Care first - Critical Incident support	'Care first - Critical Incident support' TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/7175916887883392094 This webinar provides details of the support Care first can offer that maybe relevant following a traumatic incident in the work place	
Wednesday February 15 th , 2023	Care first awareness	How Care first can support you	'How Care first can support you' TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/4087331550852059488 A webinar for awareness and how to access the EAP service provided by Care first.	
Friday February 17 th , 2023	Mental Health	Kindness and mental health	'Kindness and mental health – In association with Random acts of kindness day' TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/2507676389364606809 A webinar reflecting on acts of kindness and how making positive changes can improve mental health and overall wellbeing for yourself and others.	

Please be assured that registrant information is held confidentially and your orginsation is not notified of your attendance/non-attendance to these webinars. Please note that these themes and events may be subject to change

Please be aware software 'GoToWebinar' is needed to join/view these webinars and may need to be downloaded – There could be restrictions through your organisation