

# Care first

## Weekly Publicity Calendar

Weekday	Daily Theme	Article	Webinar	Mobile Registration
<b>Monday - LC</b> January 23 <sup>rd</sup> , 2023	Grief awareness week	Managing Grief	<b>'Grief Awareness Week'</b> <b>TIME:</b> 12pm-12.30pm <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/4742442568469228887">https://attendee.gotowebinar.com/register/4742442568469228887</a> A light touch session on the impact grief can have on us all, offering tips on how you can begin to manage grief with the support available from Care first as well as others.	
<b>Wednesday-vb</b> January 25 <sup>th</sup> , 2023	Care first awareness	How Care first can support you	<b>'How Care first can support you'</b> <b>TIME:</b> 12pm-12.30pm <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/771032957222658134">https://attendee.gotowebinar.com/register/771032957222658134</a> A webinar for awareness and how to access the EAP service provided by Care first.	
<b>Friday – JD</b> January 27 <sup>th</sup> , 2023	Service awareness	Care first - Management and MHFA support	<b>'Management and MHFA support service'</b> <b>TIME:</b> 12pm – 12.30pm <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/2370743210798743644">https://attendee.gotowebinar.com/register/2370743210798743644</a> This webinar provides an overview of the support available for managers and also the mental health first aiders of organisations through the EAP.	

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Please note that these themes and events may be subject to change

Please be aware software 'GoToWebinar' is needed to join/view these webinars and may need to be downloaded – There could be restrictions through your organisation