

Weekly Publicity Calendar

Weekday	Daily Theme	Article	Webinar	Mobile Registration
Monday March 20 th , 2023	Mental Health	Pursuit of Happiness	‘Pursuit of Happiness – In association with International Day of Happiness’ TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/9033364762435495768 This webinar highlights the importance of happiness and the impact it can have on your general wellbeing	
Wednesday- March 22 nd , 2023	Care first Awareness	How Care first can support you	‘How Care first can support you’ TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/3809501455960267606 A webinar for awareness and how to access the EAP service provided by Care first.	
Friday March 24 th , 2023	Service Awareness	Management and MHFA Support Service	‘Care First Management and MHFA Support’ TIME: 12pm – 12.30pm LINK: https://attendee.gotowebinar.com/register/4073241310120812379 This webinar provides an overview of the support available for managers and also the mental health first aiders of organisations through the EAP.	

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Please note that these themes and events may be subject to change

Please be aware software ‘GoToWebinar’ is needed to join/view these webinars and may need to be downloaded – There could be restrictions through your organisation