




## Weekly Publicity Calendar

Weekday	Daily Theme	Article	Webinar	Mobile Registration
<b>Monday</b> March 27 <sup>th</sup> , 2023	Service Awareness	What to expect when you call	'Your counselling call to care first' <b>TIME:</b> 12pm-12.30pm <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/2486392044203929949">https://attendee.gotowebinar.com/register/2486392044203929949</a> This webinar provides an overview of what you can expect when making a call to the counselling help line	
<b>Wednesday</b> March 29 <sup>th</sup> , 2023	Care first Awareness	How Care first can support you	'How Care first can support you' <b>TIME:</b> 12pm-12.30pm <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/3060807704884077653">https://attendee.gotowebinar.com/register/3060807704884077653</a> A webinar for awareness and how to access the EAP service provided by Care first.	
<b>Friday</b> March 31 <sup>st</sup> , 2023	Mental Health	Stepping in to Spring	'Stepping in to Spring' <b>TIME:</b> 12pm – 12.30pm <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/4497005186243295319">https://attendee.gotowebinar.com/register/4497005186243295319</a> A session highlighting the impact of changing seasons, the start of warmer weather and giving tips for activities you can participant in to improve your general wellbeing.	

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Please note that these themes and events may be subject to change

Please be aware software 'GoToWebinar' is needed to join/view these webinars and may need to be downloaded – There could be restrictions through your organisation