



Take the strain out of the cost of living

Your employee benefits are here to help



Mental



Physical



Financial



HEALTH
WELLBEING
HAPPINESS

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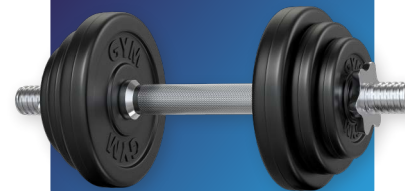
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Key Dates





Health and fitness favourites

Become a healthier, happier you while saving money with offers on sports and fitness must-haves, gym membership and meal delivery services

Save £15 on a 35 meal Muscle Food hamper with £1 delivery

Muscle Food

50% off your 1st recipe box & 35% off your next 3 boxes



Save 25%

planty

Save 20%



Save 6%

DECATHLON

Save 15%

TRESPASS

Save 17%



Save 10%

ROGERBLACK
FITNESS



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Savings and offers subject to change

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Savvy supermarket shopping

Tackle rising food prices by saving every time you stock up on groceries and household essentials with discounts from the UK's biggest supermarkets



Save 4%

TESCO

Save 4%

ASDA

Save 5%

Sainsbury's

Save 4%

WAITROSE
& PARTNERS

Save 4%

Iceland

£25 off products for new customers who spend £60

ocado

Save 6%

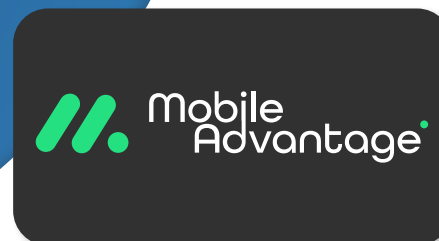
Morrisons

Save 7%

MARKS &
SPENCER

Utilities

Lower your household bills with a range of offers from mobile, broadband and utility providers





Home improvement

Spruce up your space and achieve your 2023 home goals for less with discounts from top DIY and household retailers

Save 5%

B&Q

Save 4%

SCREWFIX

Save 7%

IKEA

Save 6%

Wickes

Save 4%

MyToolbox
Card

Save 6%

wilko

Save 4%

JOHN LEWIS
& PARTNERS

Save 6%

Argos

Cycle to Work

Harness pedal power to help you save money, get healthier and reduce your carbon footprint in 2023

Enjoy savings of up to 42%* on top-brand bikes and safety equipment for your commute through your Cycle to Work benefit



Fulfilled by

Cycle
Solutions

EVANS
CYCLES

halfords

vivup

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*Excluding disposal fee (if applicable). Savings are realised through a salary sacrifice arrangement. Figures are a guide only and dependent on personal situation. Bikes available are subject to organisation scheme limit. Terms & Conditions apply

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Financial wellbeing support

Your Vivup benefits platform is full of tools and services that offer financial advice and support to help you in times of need

Found in

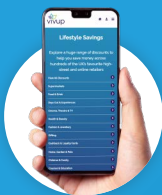


Free and impartial advice to help reduce your utility bills, manage your money and deal with debt in a practical, straightforward way



Online debt advice to help get you back on track and make your finances more manageable

Found in



PAVE

Calculate what government benefits you are eligible for

auderli
Your life valued

A free and simple app to manage your financial and legal information



Free
£5
credit

Help to pay off your mortgage faster and ensure you're on the best deal

TAXrefundCo.
...tax made simple

Discover if you are entitled to a tax refund



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To start saving money and explore the support available to you, register on vivup.co.uk today

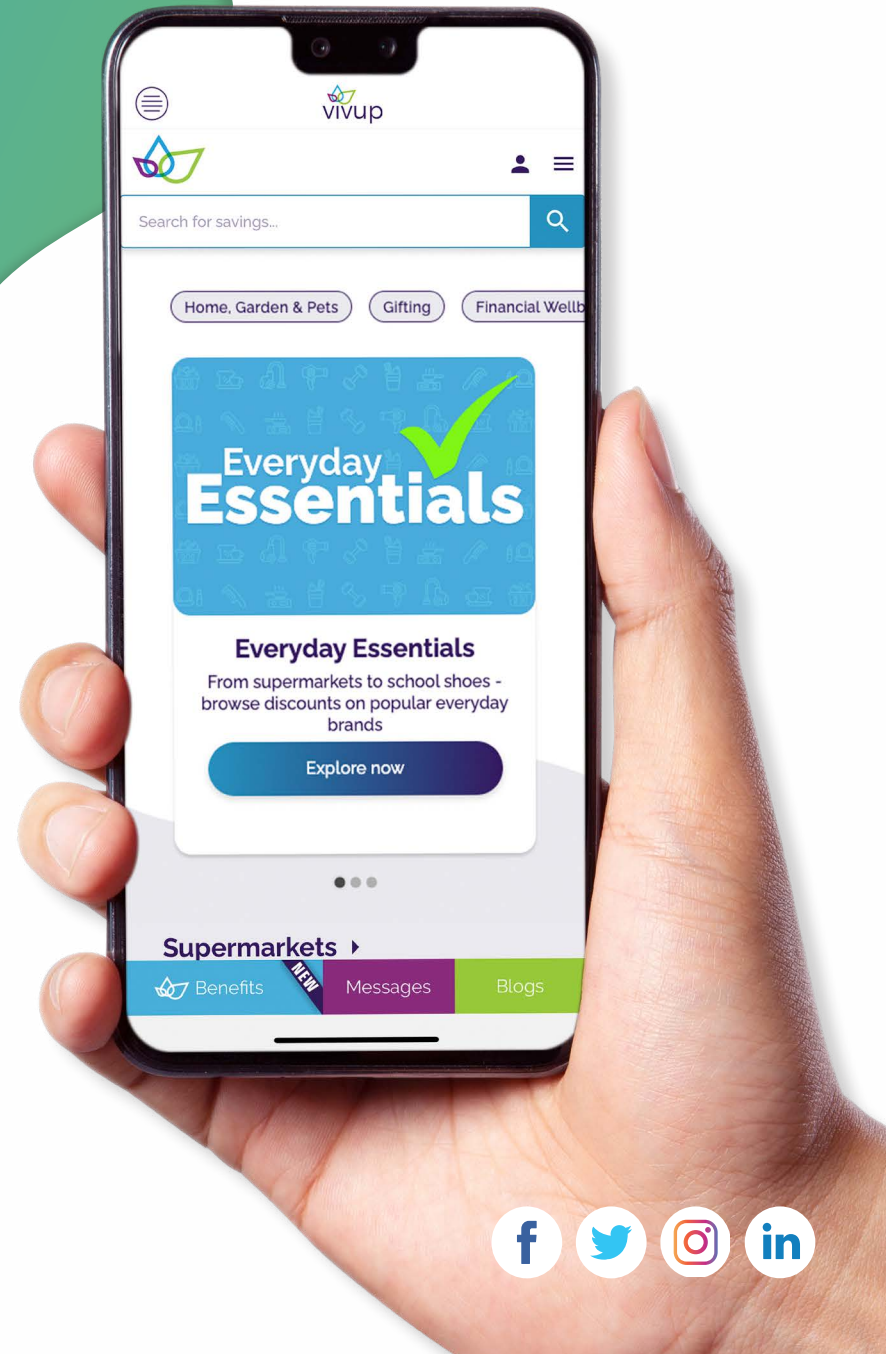
Need help? Contact Vivup customer support:

 customersupport@vivup.co.uk

 **01252 784 540**

* Calls charged at local rates. Check with your service provider for more information.

Access your benefits on-the-go with the help of the Vivup app



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