



## Weekly Publicity Calendar

Weekday	Daily Theme	Article	Webinar	Mobile Registration
<b>Monday</b> May 1 <sup>st</sup> , 2023	BANK HOLIDAY			
<b>Wednesday</b> May 3 <sup>rd</sup> , 2023	Care first Awareness	How Care first can support you	<p style="text-align: center;">‘How Care first can support you’  <b>TIME:</b> 12pm-12.30pm  <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/4344551302600849755">https://attendee.gotowebinar.com/register/4344551302600849755</a>                      A webinar for awareness and how to access the EAP service provided by Care first.</p>	
<b>Friday</b> May 5 <sup>th</sup> , 2023	Mental Health	The Power of Nature	<p style="text-align: center;">‘The Power of Nature’  <b>TIME:</b> 12pm – 12:30pm  <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/6124533084622274394">https://attendee.gotowebinar.com/register/6124533084622274394</a>                      A webinar highlighting the impact being outdoors and surrounded by nature has on your mental health, whilst providing tips on how to stay safe in the sun.</p>	

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Please note that these themes and events may be subject to change

Please be aware software ‘GoToWebinar’ is needed to join/view these webinars and may need to be downloaded – There could be restrictions through your organisation