**Adult Mental Health Strategy Luton Co-production Timeline 2023**

**18.04.2023**

Fiona Mackay, Public Health Manager in Mental Health

[Fiona.mackay@luton.gov.uk](mailto:Fiona.mackay@luton.gov.uk)

***Co-production so far:*** As per Government guidelines in England (‘Working in partnership with people and communities: Statutory guidance’, NHS England, 2022), health services and policies and strategies need to be informed by a process of co-production. This means that the views of many possible stakeholders contribute to the approach taken.

The Public Health team at Luton Borough Council (LBC) are grateful to Reimagining Mental Health Collaborative (RMHC), who have provided input throughout the creation of the first draft of this updated mental health strategy for adults in Luton. RMHC has regular remote meetings, attended by employees and residents of Luton, including people with lived experience, carers, those working in the voluntary sector, and a range of health professionals. The draft strategy has been amended following input from DMT (Directors Management Team), Scrutiny (Internal LBC Public Health + Wider Public), Wider Public Health wider SMT (Senior Management Team) (Internal LBC team), MH Strategy Core Group, twice. Head of Social Care, Place Board, and Claire Astbury from Housing. Target groups here are those we have not heard from previously, including those experiencing both mental health and substance misuse problems; Early intervention; BAME populations.

**TIMELINE FOR MORE CO-PRODUCTION = MAY 2023**

Here is our timeline for further expansion of this co-production work:

**Date, time: Who: Where:**

27.04.23 1-2pm **Professionals 1 of 2 sessions:** Remote Meetings (Teams)

Dear all,

Please all circulate this invite widely around professionals in Luton, whether from NHS or voluntary sector. This is an opportunity to offer views about the new Adult Mental Health Strategy for Luton.

Please find attached the current draft, and please note this is marked as Draft and Not for circulation yet at this time.

Please email me if you would like to be removed from this group.

Many thanks

Fiona

Public health Manager in Mental Health

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Microsoft Teams meeting

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Meeting ID: 393 668 088 569   
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03.05.23 1-2pm **Professionals 2 of 2 sessions** Remote Meetings (Teams)

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10.05.23 1-2pm **People with Lived experience & carers:** Remote Meeting (Teams)

Dear all,

Please all circulate this invite widely around all residents in Luton, whether having lived experience, using any type of mental health support services, as well as families and carers. This is an opportunity to offer views about the new Adult Mental Health Strategy for Luton.

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15.05.2023, 10-11.30am RMHC Remote meeting (Teams)

(Open to all)

IN PERSON EVENTS DUE TO BE SET UP TO SEEK VIEWS ABOUT PREVENTION, AND FROM BAME COMMUNITY. Please contact Fiona if interested in these.

16.05.23 11.30am – 12.15 **Substance Use and MH** Remote Meeting (Teams)

Dear all,

Please all circulate this invite widely to professionals from NHS and voluntary sector, and around all residents in Luton, whether having lived experience of substance misuse as well as mental health difficulties, whether or not using any type of mental health support services, as well as families and carers. This is an opportunity to offer views about the new Adult Mental Health Strategy for Luton.

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Many thanks

Fiona Mackay

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Meeting ID: 332 802 217 089   
Passcode: BdKvr3

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Fiona Mackay, Public Health Manager in Mental Health, and Manisha K Dosanjh, Public Health Manager (Prevention), will facilitate co-production across these meetings. Nicola Ainsworth is the Public Health Consultant overseeing this work.

**QUESTIONS TO ASK DURING CO-PRODUCTION (Alternative wording suggestions in red text)**

**Please contact Fiona Mackay if you would like to suggest different wording for these questions.**

Here are questions we could ask:

1. (For those who have struggled and/ or carers. Prevention and Early Intervention): What was the earliest point someone could have helped you/ your loved one? What support would have helped?

Could you/your loved one have been helped earlier?  What would have made a difference?

1. (For everyone. Outcomes): What do you want mental health services and other services to focus on?

What matters most for people needing help with their mental health?

1. (For everyone. Outcomes). How will we know we have achieved this? What would success look like for you?

How do we know mental health services are doing a good job?

1. (For everyone. Stigma). In your community, what are people’s views about mental health services? What could improve views about services?

Is mental health talked about in your community? Does anything stop people from seeking help?

1. For everyone. Co-production). You have seen the draft strategy, dated 13.3.23. Are there any parts you would like to co-write with us?
2. (Inclusivity) What ca we do to improve the way we provide services for Adults who have a Learning Disability or for the ASD population?

**AFTER CO-PRODUCTION = CONSULTATION STAGE = JUNE 2023.** . Even wider list of groups/ organisations.