

## Weekly Publicity Calendar

# Men's Health Week

Weekday	Article	Webinar	Mobile Registration
<b>Monday</b> June 12 <sup>th</sup> , 2023	Social Media and Men's Mental Health	'Social Media and Men's Mental Health' <b>TIME:</b> 12pm-12.30pm <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/2784455354304471646">https://attendee.gotowebinar.com/register/2784455354304471646</a> In line with this year's theme focusing on the internet, this webinar discusses the impact social media can have on men's mental health and provides tips to help manage these negative impacts.	
<b>Wednesday</b> June 14 <sup>th</sup> , 2023	Men's Suicide Awareness	'Men's Suicide Awareness' <b>TIME:</b> 12pm-12.30pm <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/116561857558783322">https://attendee.gotowebinar.com/register/116561857558783322</a> A webinar on raising awareness about male suicide and how you can support individuals experiencing suicidal thoughts.	
<b>Friday</b> June 16 <sup>th</sup> , 2023	Men's MOT for the Mind	'Men's MOT for the mind' <b>TIME:</b> 12pm-12.30pm <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/7651253359143347287">https://attendee.gotowebinar.com/register/7651253359143347287</a> A webinar detailing some tips for men to give their mind an MOT to boost their mental wellbeing and seek support where necessary.	

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Please note that content may include guidelines applicable to the UK, however guidelines for Wales, Scotland and Ireland may vary. Please refer to .gov for the latest guidance in your region.

Please note that these themes and events may be subject to change as the situation develops.