Adult choking

Choking?

↓

Assess severity

┌─────────────────────┴─────────────────────┐

SEVERE

Airway obstruction
(ineffective cough)

MILD

Airway obstruction
(effective cough)

↓

Encourage cough

↓

Continue to check
for deterioration to
ineffective cough or until
obstruction relieved

┌──────────┴──────────┐

Unconscious

Conscious

↓

↓

Start CPR

5 back blows

↓

5 abdominal thrusts