



# Help combat rising living costs with free advice from Ask Bill

During these challenging times, it's important to ensure that you are receiving the support you need to reduce financial stress and save for the future

You can access free and impartial money advice from Ask Bill - including tips on how to reduce utility bills, manage money and deal with debt issues



## Ask Bill provides:

- ✓ Clear information on what to do when struggling with water or energy charges, and where to find further support
- ✓ Free online tools to self-assess and personalise advice
- ✓ In-depth and impartial debt advice over the phone or online
- ✓ A free Benefits Calculator to identify where extra financial support is available
- ✓ A free Budget Planner to help reduce household costs
- ✓ Fuel vouchers for those struggling to stay on top of their energy bills



Visit the Support & Wellbeing section  
at [vivup.co.uk](https://www.vivup.co.uk)

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