

# FREE MOT HEALTH CHECKS

## OPEN TO ALL STAFF

### MOT Health Checks

A private MOT health check is needed to ensure that your body remains fit and on the right track. Our bodies work extremely hard all the time to keep us alive so it is important that we take proper care of them and not take them for granted.

Date	Venue	Link
Monday 25th September	John Howard Centre 12 Kenworthy Road London E9 5TD	<a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-john-howard-centre-registration-711348471427?aff=oddtcreator">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-john-howard-centre-registration-711348471427?aff=oddtcreator</a>
Monday 2nd October	East Ham Care Centre Shrewsbury Road London E7 8QP	<a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-east-ham-care-centre-registration-711350206617?aff=oddtcreator">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-east-ham-care-centre-registration-711350206617?aff=oddtcreator</a>
Monday 2nd October	Burdette House Mile End Hospital Bancroft Road London E1 4DG	<a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-burdette-house-registration-711415180957?aff=oddtcreator">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-burdette-house-registration-711415180957?aff=oddtcreator</a>
Tuesday 10th October	Charter House Alma Street Luton LU1 2PJ	<a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-charter-house-luton-registration-711377879387?aff=oddtcreator">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-charter-house-luton-registration-711377879387?aff=oddtcreator</a>
Tuesday 24th October	Health Resource Centre, Twinwoods, Milton Road, Clapham, Beds MK41 6AT	<a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-twinwoods-health-resource-centre-registration-711427146747?aff=oddtcreator">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-twinwoods-health-resource-centre-registration-711427146747?aff=oddtcreator</a>
Tuesday 24th October	Leighton Buzzard Primary Care Unit 6-9 Riddgeway Court Leighton Buzzard LU7 4SF	<a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-leighton-buzzard-primary-care-registration-711431680307?aff=oddtcreator">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-leighton-buzzard-primary-care-registration-711431680307?aff=oddtcreator</a>
Wednesday 25th October	Wolfson House 311-315 Green Lanes London E9 5TD	<a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-wolfson-house-registration-711439934997">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-wolfson-house-registration-711439934997</a>
Thursday 26th October	Robert Dolan House 9 Alie Street London E1 8DE	<a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-alie-street-registration-379096617187?aff=oddtcreator">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-alie-street-registration-379096617187?aff=oddtcreator</a>
Monday 30th October	Vivienne Cohen House 2 Crozier Terrace, Homerton London E9 6AT	<a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-vivienne-cohen-house-registration-710224038217?aff=oddtcreator">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-vivienne-cohen-house-registration-710224038217?aff=oddtcreator</a>
Tuesday 31st October	Beaumont House Mile End Hospital London E1 4DG	<a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-beaumont-house-registration-711450195687?aff=oddtcreator">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-beaumont-house-registration-711450195687?aff=oddtcreator</a>