

# FREE MOT HEALTH CHECKS

## OPEN TO ALL STAFF

### MOT Health Checks

A private MOT health check is needed to ensure that your body remains fit and on the right track. Our bodies work extremely hard all the time to keep us alive so it is important that we take proper care of them and not take them for granted.



| Date                   | Venue  | Link  |
|------------------------|--|---|
| Monday 25th September  | John Howard Centre<br>12 Kenworthy Road<br>London<br>E9 5TD                      | <a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-john-howard-centre-registration-711348471427?aff=oddtcreator">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-john-howard-centre-registration-711348471427?aff=oddtcreator</a>                             |
| Monday 2nd October     | East Ham Care Centre<br>Shrewsbury Road<br>London<br>E7 8QP                      | <a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-east-ham-care-centre-registration-711350206617?aff=oddtcreator">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-east-ham-care-centre-registration-711350206617?aff=oddtcreator</a>                         |
| Monday 2nd October     | Burdett House<br>Mile End Hospital<br>Bancroft Road<br>London<br>E1 4DG          | <a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-burdette-house-registration-711415180957?aff=oddtcreator">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-burdette-house-registration-711415180957?aff=oddtcreator</a>                                     |
| Tuesday 10th October   | Charter House<br>Alma Street<br>Luton<br>LU1 2PJ                                 | <a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-charter-house-luton-registration-711377879387?aff=oddtcreator">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-charter-house-luton-registration-711377879387?aff=oddtcreator</a>                           |
| Tuesday 24th October   | Health Resource Centre,<br>Twinwoods, Milton Road, Clapham,<br>Beds MK41 6AT     | <a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-twinwoods-health-resource-centre-registration-711427146747?aff=oddtcreator">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-twinwoods-health-resource-centre-registration-711427146747?aff=oddtcreator</a> |
| Tuesday 24th October   | Leighton Road Surgery,<br>Unit 6-8 Ridgeway Court<br>Leighton Buzzard<br>LU7 4SF | <a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-leighton-rd-surgery-registration-711431680307">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-leighton-rd-surgery-registration-711431680307</a>   |
| Wednesday 25th October | Wolfson House<br>311-315 Green Lanes<br>London<br>E9 5TD                         | <a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-wolfson-house-registration-711439934997">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-wolfson-house-registration-711439934997</a>   |
| Thursday 26th October  | Robert Dolan House<br>9 Alie Street<br>London<br>E1 8DE                          | <a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-alie-street-registration-379096617187?aff=oddtcreator">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-alie-street-registration-379096617187?aff=oddtcreator</a>   |
| Monday 30th October    | Vivienne Cohen House<br>2 Crozier Terrace, Homerton<br>London<br>E9 6AT          | <a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-vivienne-cohen-house-registration-710224038217?aff=oddtcreator">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-vivienne-cohen-house-registration-710224038217?aff=oddtcreator</a>                         |
| Tuesday 31st October   | Beaumont House<br>Mile End Hospital<br>London<br>E1 4DG                          | <a href="https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-beaumont-house-registration-711450195687?aff=oddtcreator">https://www.eventbrite.co.uk/e/mot-health-checks-free-check-up-beaumont-house-registration-711450195687?aff=oddtcreator</a>                                     |