



Whether you're experiencing perimenopause/menopause yourself or a manager or healthcare professional – there is a session for you.



Join us to get informed, make a difference and help us make menopause an everyday conversation.

SIGN UP NOW!



Scan the QR code or visit: bit.ly/kwnel-lets-talk-menopause



Keeping WellNEL Confidential, Independent, Inclusive



PAUSE

UPCOMING DATES - 2023

Wednesday 13 September 12:00pm to 1:00pm HRT Masterclass

Wednesday 20 September 9:30am to 4:20pm Menopause Advocatce Training

Wednesday 27 September 10:00am to 11:30am Colleague session

Wednesday 27 September 2:00pm to 3:15pm Manager session

Thursday 12 October 2:00pm to 3:30pm HR/Occupational health session

> Wednesday 18 October 10:00am to 11:15am Colleague session

> Wednesday 18 October 1:00 pm to 2:15pm Manager session