

NEL Mental Health Summit 2023

Date:	24th November 2023	Time:	09.30 to 15:00
Location:	City Gates Conference Centre, 25-29 Clements Rd, Ilford, IG1 1BH		

Time	Agenda Item
09:30 – 10:00	Registration & Welcome!
10:00	Introduction to the day ahead
10:30	Fishbowl panel – what is this summit about & what’s been done since the last one? Presentation on the Mental Health Priority workshops
11:00	BREAK
Activities 11:20 -	Imaginative exercise – what does it mean to you to improve peoples’ experience of accessing and using mental health services? A look into the future.
	Break Out Room discussion
11:45	In your future visions... <ul style="list-style-type: none"> • What does an ideal first contact with services feel like? • What is happening to ensure equal and fair access for all? • How are you supported during key points of change in your life?
13:00	LUNCH
13:50	Welcome back!
	Break Out Room discussion
14:00	Let’s do it! <ul style="list-style-type: none"> • What could we do differently to improve first contact? • What could we do to ensure equal and fair access for all? • What could be done to help support people during key points of change in their lives?
14:50	Comments and Reflections
	Check out
15:00	End of Summit and leaving instructions



**We care
We respect
We are inclusive**