



## Freedom to speak up

**Your voice matters** 



## **Judith Dimmock**

Interim Lead Nurse for Palliative Care
Freedom to Speak Up Champion

**Base:** Queensborough House, Friars

Walk Dunstable

Email: j.dimmock@nhs.net

Tel: 07812 250512

## **Anita Hynes**

Freedom to Speak Up Guardian East London Foundation Trust

Email: elft.freedomtospeakup@nhs.net

Tel: 07436 027388





