

Care
Respect
Inclusivity



FIT TESTING SERVICE

YOUR HEALTH IS OUR PRIORITY

What is Fit Testing?

Mask fit testing is a crucial aspect of our occupational health and safety program. It plays a significant role in protection you and your colleagues from potential respiratory hazards that may be encountered in the workplace.

It involves the assessment of how well a mask fits an individual's face to minimise the risk of airborne contaminants.

Who Should Attend?

All personnel with ILS (Immediate Life Support) or BLS (Basic Life Support) training. Additionally, individuals in settings where there is a significant chance of encountering individuals undergoing Aerosol Generating Procedures (AGP).

The primary goals of mask fit testing include:

✓ Ensuring Proper Protection:

Different individuals have varying facial structures, and not all masks fit everyone equally. The fit test helps identify the right mask size and type to ensure an airtight seal, thereby maximizing the mask's effectiveness.

✓ Preventing Respiratory Illness

By wearing a properly fitted mask, you reduce the risk of inhaling harmful particles, pathogens, or contaminants that could lead to respiratory illnesses.

✓ Compliance with Regulations

Mask fit testing is mandated by NHS trusts and the DHSC to ensure FFP3 resilience at the national and organizational levels for potential new variants or respiratory viruses causing epidemics or pandemics.



PREVENTION is better than a cure

Contact Us



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Or call our Fit Testing Coordinator

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Visit our intranet for more information



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