

RAMADAN 2024

**(East London Sites)**

**Ramadan Suhur Ends Iftar Time**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1 | Mon | 11 March | 4.43 | 6.02 |
| 2 | Tue | 12 | 4.41 | 6.04 |
| 3 | Wed | 13 | 4.38 | 6.06 |
| 4 | Thur | 14 | 4.36 | 6.07 |
| 5 | Fri | 15 | 4.34 | 6.09 |
| 6 | Sat | 16 | 4.32 | 6.11 |
| 7 | Sun | 17 | 4.29 | 6.12 |
| 8 | Mon | 18 | 4.27 | 6.14 |
| 9 | Tue | 19 | 4.25 | 6.16 |
| 10 | Wed | 20 | 4.23 | 6.18 |
| 11 | Thur | 21 | 421 | 6.19 |
| 12 | Fri | 22 | 4.20 | 6.21 |
| 13 | Sat | 23 | 4.18 | 6.23 |
| 14 | Sun | 24 | 4.15 | 6.24 |
| 15 | Mon | 25 | 4.13 | 6.26 |
| 16 | Tue | 26 | 4.12 | 6.28 |
| 17 | Wed | 27 | 4.09 | 6.29 |
| 18 | Thur | 28 | 4.08 | 6.31 |
| 19 | Fri | 29 | 4.06 | 6.33 |
| 20 | Sat | 30 | 4.04 | 6.34 |
| 21 | Sun | 31 | 5.02 | 7.36 |
| 22 | Mon | 1 April | 5.00 | 7.38 |
| 23 | Tue | 2 | 4.58 | 7.39 |
| 24 | Wed | 3 | 4.56 | 7.41 |
| 25 | Thur | 4 | 4.53 | 7.43 |
| 26 | Fri | 5 | 4.51 | 7.44 |
| 27 | Sat | 6 | 4.49 | 7.46 |
| 28 | Sun | 7 | 4.47 | 7.48 |
| 29 | Mon | 8 | 4.44 | 7.49 |
| 30 | Tue | 9 | 4.42 | 7.51 |
|  |  |  |  |  |



**Department of Spiritual, Religious and Cultural Care**

**If you would like more information, please email us on elft.spiritualcare@nhs.net**