

# Assurance of Quality of Clinical Practice for community nursing staff at ELFT

**Framework of Practice Competencies** 

# COMPETENCIES WORKBOOK FOR REGISTERED NURSING ASSOCIATES (RNAs) BAND 4

## Assurance of Quality of Clinical Practice for Band 3 Healthcare Support workers

# **ELFT**Framework of Practice Competencies

# COMPETENCIES WORKBOOK FOR REGISTERED NURSING ASSOCIATES (RNAs) BAND 4



#### This competency booklet belongs to:

Name:
Date Started:
Date Completed:
Final Date Signed off by Supervisor:
Final Date signed off by Team Leader:





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#### **Introduction to Competency Programme**

This competency document is written for the use of staff working in Adult Community Nursing Services in East London NHS Foundation Trust covering Bedfordshire, Newham and Tower Hamlets areas of service provision.

The competency document is aimed at ensuring that staff at Band 4 including Registered Nursing Associates has the necessary skills and behaviours to support the client to achieve the best care outcome possible.

The programme has been put together to assist and guide all staff to work within their parameters, enable them to become competent and safe, and provide care of a high standard.

This workbook has been developed using the Nursing and Midwifery (NMC) standards for proficiency for Nursing Associates among other documents.

There are six platforms and two Annexes in the Standard, namely:

- · Platform 1 Being accountable professional
- · Platform 2 Promoting health and preventing ill health
- Platform 3 Provide and monitor care
- · Platform 4 Working in teams
- · Platform 5 Improving safety and quality of care
- · Platform 6 Contributing to integrated care
- · Annex A Communication and relationship management skills
- · Annex B Procedures to be undertaken by the nursing associates

At the point of registration, the Nursing Associate is expected to safely demonstrate the skills listed in this book. Therefore the completion of this booklet is an assurance that this is the case.

This workbook is to be completed within 6 months of the start date or date of issue. If competencies are not met within the timeframe, you will be supported to complete these in your Annual Appraisals.

The programme contains numerous competencies against which performance will be measured.



#### **Our Values**

The Trust's values are at the heart of our vision and underpin everything we do. Our three core values are:

#### We care

Everyone is entitled to the highest quality care.

#### We respect

Everyone should be treated with kindness and respect.

#### We are inclusive

Everyone should have access to our services when they need them, and we actively seek suggestions from all on how we can improve.

#### SIX Cs OF CARE:

Before commencing on the competency programme please read the following paragraphs on 6Cs of Care, Accountability, Responsibility and Delegation.

Caring is all about the 6Cs and principles of good nursing practice.

Care Is our core business and that of our Trust. The care we deliver helps the

individual person and improves the health of the whole community. Caring defines us and our work. People receiving care expect it to be right for them consistently throughout every stage of their lives.

**Compassion** Is how the care is given, through relationships based on empathy,

respect and dignity. It can also be described as intelligent kindness and

is central to how people perceive their care.

**Competence** Means all those in caring roles must have the ability to understand

an individual's health and social needs and the expertise, clinical and technical knowledge to deliver effective care based on research and

evidence.

**Communication** is central to successful caring relationships and to effective team working.

Listening is as important as what we say and do, and essential for 'no decision about me without me'. Communication is the key to a good

workplace, with benefits for staff and patients alike.

**Courage** Enables us to do the right thing for the people we care for, to speak

up when we have the concerns and to have the personal strength and

vision to innovate and to embrace new ways of working.

**Commitment** To our patients is a corner stone of what we do. We need to build on

our commitment to improve the care and experience of our patients, to take action to make this vision and strategy a reality for all and meet

the health and social care challenges ahead.



#### THE SIX CORE DIMENSIONS OF THE KNOWLEDGE SKILLS FRAMEWORK (KSF)

The KSF now makes it easier for staff to identify the core skills that they need to do their job and identify their development needs. The key features focuses on six core dimensions covering the key areas that apply to every job. These have been re-written so they are shorter, simpler and easier to understand. The six dimensions are:

- Communication
- 2. Personal and people development
- 3. Health, safety and security
- 4. Service improvement
- 5. Quality
- 6. Equality and diversity

#### Accountability

Accountability is described as a state of being answerable for your actions, inactions and or omissions.

All staff of East London NHS Foundation Trust are accountable for their actions therefore health care professionals at Band 4 are:

- Directly accountable for their actions and omissions to a registered health care professional who may be their line manager
- · Accountable to their employer through employment law
- Accountable to the client for any errors they may make under Civil Law.

#### Responsibility:

All staff at Band 4 are responsible for working within the guidelines and protocols agreed and the authority delegated by the Registered Nurse.

All health care professionals **must:** 

- Be aware of their own limitations and work within their scope of practice.
- Decline any duty they are yet to be trained to do and or not signed off as being competent
- · Where appropriate, not enter into consultations on care delivery with clients without the appropriate supervision
- Ensure competencies are maintained and updated. This will be discussed in your monthly supervision and supported by your supervisor.



#### **Delegation:**

All tasks undertaken by an unregistered health care professional and Registered Nursing Associate are delegated to them by a Registered Nurse who must delegate with care and compassion.

Successful delegation is safe, beneficial and rewarding for all parties.

As East London NHS Foundation Trust staff, we advocate that if someone is delegating aspects of treatment and care to you, it is your responsibility to ensure that:

- · you understand the task and can perform it safely
- · it is within the limits of your competence
- you understand your role in making decisions about the care or treatment in question
- you are clear about the expectations of the colleague who has delegated treatment or care to you and the circumstances in which you should provide updates and/or escalate to them (RCN 2019).

#### **Competency Marking Reference:**

In order to mark the competency document appropriately, the assessor should write in the column if the competency is **Met or Not Met** by the staff member, then initial and date the appropriate column either columns 1 or 2.

The Assessor should also sign and date the "statement of competency" paragraph whether the competency has been achieved or not.

#### Signing off the Competencies:

To be signed off as Met:

- 1. The Registered Nursing Associate will be able to fully demonstrate the clinical skill/task and verbally explain its rationale.
- 2. The staff member is able to explain and demonstrate that they can competently use the skill or knowledge in the course of their work.

If the staff member has been signed as "not met" on two occasions, then the supervisor and the staff member should complete the "require further training or supervision" section and the action plan grid thereafter also completed.

The staff member should be supported to achieve the procedure though one to one sessions and other mechanisms.

#### THE THIRD COMPETENCY COLUMN (3<sup>RD</sup> COLUMN)

The third column should only be signed in situations where action plan has been completed and the staff is revisiting the skill / task for the third and final time.



#### **Additional Notes**

The additional notes paragraph at the end of each competency is not mandatory but may be used as a tool to document:

- Areas of excellence.
- · Where further actions are required
- · To log useful information for reflective purposes



#### **Process for Achieving Competencies PREPARATION PHASE Commence Competency Assessment Discussion** (For new ELFT employee: upon induction/existing ELFT employee at appraisal) **Discuss Competency with Line Manager** and Mentor / Supervisor / Preceptor **Competency Achieved** Competency o Discuss which **Not Achieved** additional Identify which areas are not met competencies that are and why. relevant to role and Develop a learning and area of practice to development plan to acquire and develop at appraisal demonstrate competencies and monthly 1:1's. o Set a date for review within 3 o Develop plans to months. achieve the said Discuss with staff member - this competencies stage is an informal process and an informal action plan will be devised extending to 3 months. **Review Competency** Consider any mitigating circumstances and review monthly. **Failure to Achieve Competency** o Refer to formal stage of Capability Procedure. o Assessment by line manager and or an independent person to be completed.



# Procedures to enable effective monitoring of a person's condition

Demonstrate effective approaches to monitoring signs and symptoms of physical, mental, cognitive, behavioural and emotional distress, deterioration and improvement

	Name:					
Asses	Competency criteria	Evidence of Competency	Competency 1 <sup>st</sup> Assess Met / Not Met	Competency 2nd Assess Met / Not Met	Competency 3 <sup>RD</sup> Assess Met / Not Met (TO BE COMPLETED ONLY IF ACTION PLAN IS IMPLEMENTED)	
1	Demonstrate an understanding of how and where to take pulse.					
2	Demonstrate ability to consistently and accurately take pulse from a client.					
3	Demonstrate knowledge and meaning of the regularity and volume of normal pulse. Articulate the action to be taken in the event of an irregular, bounding or weak pulse.					



				ı
4	Demonstrate			
	knowledge of			
	what blood pressure is.			
	'			
5	Demonstrate how to take blood			
	pressure and what			
6	normal reading is.  Demonstrate			
0	ability to			
	consistently and			
	accurately take			
	blood pressure			
	reading from			
	patients.			
7	Demonstrate			
	knowledge of			
	what causes			
	hypertension and			
	hypotension.			
8	Demonstrate			
	knowledge of			
	what to do in the			
	event of abnormal			
	blood pressure			
	reading.			
9	Demonstrate			
	knowledge of			
	what normal			
	temperature			
	reading is.			
10	Demonstrate			
	how to take			
	temperature.			
11	Demonstrate			
	knowledge of			
	what causes			
	high and low			
	temperature and			
	the action that			
	should be taken.			
			L	L



12	Demonstrate how		 
	to document, and		
	an understanding		
	of the importance		
	of documentation		
	and reporting of		
	observations.		
13	Demonstrate an		
	understanding of		
	when and how to		
	report abnormal		
	findings.		
14	Demonstrate an		
	understanding of		
	diabetes, normal		
	blood glucose		
	reading and be		
	able to undertake		
	and record in		
	patient record.		
15	Demonstrates		
	ability to		
	manage <u><b>stable</b></u>		
	diabetic patients,		
	including insulin		
	administration.		
16	Demonstrates an		
	understanding of		
	hypoglycaemia		
	and		
	hyperglycaemia		
	and what to do in		
	these cases.		
17	Demonstrates		
''	ability to		
	undertake PEG		
	feeding regime		
	and flushing of		
	line.		



18	Demonstrates		
	ability to		
	undertake wound		
	care management		
	for pressure ulcers,		
	leg ulcers and		
	packing of wounds		
	as directed by care		
	plan.		
19	Demonstrates		
	ability to		
	successfully		
	undertake		
	venepuncture and ensure safe		
	transportation of		
	samples.		
	Demonstrates		
20	ability to		
	successfully		
	undertake ECGs,		
	and report		
	findings to the		
	appropriate		
	healthcare		
	professional.		
21	Demonstrates		
-	ability to *assist		
	with and or *carry*		
	out Doppler		
	readings and		
	explain next steps		
	on findings.		
	(*= delete as		
	appropriate to		
	your area)		



22	Accurately measure weight and height, calculate body mass index and recognise healthy ranges and clinically significant low/ high readings		
23	Recognise signs of mental and emotional distress including agitation, or vulnerability		
24	Administer basic Mental Health first aid and understand how to escalate problems		
25	Recognise emergency situations and administer basic physical first aid, including basic life support.		
26	Recognise signs of poor mental capacity and liaising with registered nurses to carry out an assessment		



#### Statement of Competency: Assessment and Care plans

I certify that I am aware of my professional responsibility for continuing professional development and that I am accountable for my actions. With this in mind I make the following statement:

I am competent in the statements identified for my role in assessing care needs without further training.

Signature:

Name: Date:
My team leader / manager is aware of my competency and evidence of my competency is included within my CPD portfolio and Annual Appraisal.

Team Leader / Manager / Assessor

Signature: Date:

#### I require further training or supervision:

My team leader / manager is aware of my competency deficits and my annual appraisal identifies learning needs to be addressed within the next \_\_\_\_ months through training and clinical supervision opportunities within my team.

#### **Agreed Actions required to achieve competency** (if necessary):

We carried out joint visits today. Based on the outcome of the joint visits, I observed that the following areas of your practice need improvement:

#### **Action Plan**

	Areas of improvement	Actions required
1.		
		Target date:



2.	
	Target date:
3.	
	Target date:
I can confirm th	at the comments in the feedback have been shared with me.
Signed Staff Me	mber
Signed Team Le	ader /Assessor
	y framework for assessing care needs will be the method used to direct and record d competency sign off has taken place.
Signature:	
Name:	Date:
Team Leader / N	Manager / Assessor
Signature:	
Name:	Date:
Review Date (if	necessary):
Additional Not	es:



### Provision of person centred nursing care

Provide support in meeting the needs of people in relation to rest, sleep, comfort and the maintenance of dignity

	Competency criteria	Evidence of Competency	Competency 1 <sup>st</sup> Assess Met / Not Met	Competency 2nd Assess Met / Not Met	Competency 3 <sup>RD</sup> Assess Met / Not Met (TO BE COMPLETED ONLY IF ACTION PLAN IS IMPLEMENTED)
1	Observe and monitor comfort and pain levels, rest and sleep patterns				
2	use appropriate bed-making techniques, including those required for people who are unconscious or who have limited mobility				
3	use appropriate positioning and pressure relieving techniques				



		1	1	
4	take			
	appropriate			
	action to			
	ensure			
	privacy and			
	dignity at			
	all times			
5	appropriate			
	action to			
	reduce or			
	minimise pain			
	or discomfort			
6	support			
	patients			
	to reduce			
	fatigue,			
	minimise			
	insomnia			
	and take			
	appropriate			
	rest			



when an onward referral is needed

# Provide care and support with hygiene and the maintenance of skin integrity:

Name:						
Asse	ssor:	••••••	Band			
	Competency criteria	Evidence of Competency	Competency 1 <sup>st</sup> Assess	Competency 2nd Assess	Competency 3 <sup>RD</sup> Assess	
			Met/Not Met	Met / Not Met	Met / Not Met (TO BE COMPLETED ONLY IF ACTION PLAN IS IMPLEMENTED)	
1	Observe and reassess skin and hygiene status of patients using contemporary approaches to determine the need for support and ongoing intervention.					
2	Identify the need for and provide appropriate assistance with washing, bathing, shaving and dressing					
3	Identify the need for and provide appropriate oral, dental, eye and nail care and suggest to					



4	Prevent and manage skin breakdown through appropriate use of products		
5	Identify and manage skin irritations and rashes		
6	Monitor wounds and undertake wound care using appropriate evidence-based techniques.		



## Provide support with nutrition and hydration

Name:		
Assessor.	Title	Band

	Competency criteria	Evidence of Competency	Competency 1 <sup>st</sup> Assess Met / Not Met	Competency 2nd Assess Met / Not Met	Competency 3 <sup>RD</sup> Assess  Met / Not Met (TO BE COMPLETED ONLY IF ACTION PLAN IS IMPLEMENTED)
1	Ability to use contemporary nutritional assessment tools such as the MUST tool				
2	Ability to assist with feeding and drinking and use appropriate feeding and drinking aids				
3	Ability to record fluid intake and output to identify signs of dehydration or fluid retention and escalate as necessary				
4	Ability to support the delivery of artificial nutrition and hydration using oral and enteral routes e.g. PEG Feeding				



#### CONTINENCE

## Provide support with maintaining bladder and bowel health

Asses			Title		Band
	Competency criteria	Evidence of Competency	Competency 1 <sup>st</sup> Assess Met / Not Met	Competency 2nd Assess Met / Not Met	Competency 3 <sup>RD</sup> Assess Met/Not Met (TO BE COMPLETED ONLY IF ACTION PLAN IS IMPLEMENTED)
1	To demonstrate an understanding of how the normal bladder and bowel works, and problems that may occur.				
2	To demonstrate an understanding of how continence can be influenced by interactions such as effect of medication.				
3	To demonstrate an understanding of how to support the person with a bladder and/ or bowel that is not functioning adequately.				
4	To demonstrate the understanding of a healthy bladder and bowel in order to give a person advice regarding diet and fluid intake.				



5	To demonstrate the			
	ability to recognise			
	when to seek the			
	help and advice			
	from others.			
	To demonstrate the			
6				
	fitting of pads to			
	clients and carers as			
	required, and have			
	an understanding			
	of the absorbency of			
	variety of pads			
<u> </u>	To demonstrate an			
7				
	understanding of			
	the fitting of sheaths			
	on clients and carers			
	as required			
8	To have an			
-	understanding and			
	demonstrate the			
	ability to undertake			
	basic catheter care.			
9	Demonstrates an			
	understanding and			
	ability to complete			
	urinalysis and report			
	back as appropriate			
10	Demonstrates			
	the ability to			
	undertake bowel			
	care management,			
	including enemas			
	and bowel			
	evacuation methods			
	with greater			
	understanding of			
	when not to carry			
	out the procedure			
	and its implication.			
		l .	I .	



11	To demonstrate		
	knowledge and		
	ability to support		
	patients with		
	stomas		
12	Demonstrates the		
	ability to undertake		
	catheter flush and		
	an understanding		
	for change of		
	continence product		
	(reassessments).		
13	Assist with toileting,		
13	maintaining dignity		
	and privacy and		
	use appropriate		
	continence products		
	following a		
	reassessment		
	reassessment		
14	Provide assistance		
	for registered nurses		
	in trials without		
	catheter and show		
	an understanding		
	of the indication		
	for Trial without		
	catheter (TWOC),		
	monitoring urinary		
	output and carrying		
	our residual checks		
15	Understand and		
	monitor the		
	level of urinary		
	incontinence to		
	determine the need		
	for ongoing support		
	and intervention		
	and the level of		
	independence and		
	self-management		
	of care that an		
	individual can		
	manage		



16	Understand and		
	monitor the level of		
	bowel incontinence		
	to determine		
	the need for		
	ongoing support		
	and intervention		
	and the level of		
	independence and		
	self-management		
	of care that an		
	individual can		
17	manage. Understand and		
'	monitor the level of		
	urinary and bowel		
	incontinence to		
	determine ongoing		
	support and		
	intervention		
18	Observe and		
	monitor the level of		
	independence and		
	self-management		
	of care that an		
	individual can		
19	manage Assist patients		
	with toileting		
	maintaining privacy		
	and dignity Understand the		
20			
	need to educate		
	patients in		
	managing their		
	catheter and offer		
	health promotion		
	and leaflets in the		
	use of appropriate		
	continence products		
	in all patients		
	,		



21	Ability to		
	demonstrate an		
	understanding		
	of the ned to care		
	for catheters for		
	all genders e.g.		
	emptying the bag,		
	repositioning the		
	catheter etc.		
22	Recognise bladder		
	and bowel patterns		
	to identify and		
	respond to		
	incontinence,		
	constipation,		
	diarrhoea and		
	urinary and faecal		
	retention		
23	Demonstrates		
	the knowledge		
	and ability to		
	* recatheterise		
	female patients i.e.		
	undertake female		
	catheter changes.		
	*to be reassessed		
	every 6 months*		
	after this and		
	documented in		
	staff's one to one		
	supervision notes.		



triage new referrals and prioritise in order of person's

needs.

Demonstrate

ability to respond and assign EMIS / SYSTMONE/ EMIS/CERNER MILLENIUM tasks

appropriately.

Demonstrate an understanding

of the assessment process and relevant templates that require completion on SYSTMONE/ EMIS/CERNER MILLENIUM

2

### Promoting Health and Preventing ill health

Assessor:			Title		Band
	Competency criteria	Evidence of Competency	Competency 1st Assess Met / Not Met	Competency 2nd Assess Met / Not Met	Competency 3 <sup>RD</sup> Assess Met / Not Met (TO BE COMPLETED ONLY IF ACTION PLAN IS IMPLEMENTED)
1	Demonstrate the ability to appropriately				



4	Demonstrate		
	awareness of		
	your roles and		
	responsibilities		
	and an		
	understanding		
	of when to		
	escalate to a		
	senior member		
	of staff when		
	it is outside of		
	your scope of		
	practice.		
5	Demonstrate		
	reasoning		
	behind		
	assessment		
	tools completed		
	and justification		
	for when it is not		
	appropriate to		
	complete.		
6	Demonstrate		
	ability to		
	carry out and		
	implement care		
	plans devised		
	by Registered		
	nurses		
7	Demonstrate		
	ability to		
	interpret		
	standardised		
	care plans as		
	appropriate to		
	person's needs.		



			,	,	
8	Participates in				
	the assessment,				
	planning,				
	implementation				
	and				
	individualised				
	therapeutic				
	interventions				
	under the				
	guidance of the				
	multidisciplinary				
	team.				
9	Ensures person's				
	conditions are				
	in line with the				
	care plan and				
	escalates all				
	deviations from				
	care plan. to				
	qualified nursing				
	staff				
10	Demonstrates				
	involvement				
	of person				
	and carer in				
	the planning				
	of care/				
	rehabilitation				
	programme				
	and encourages self-				
	management				
	via coaching				
	model				
	approach.				
11	Demonstrates				
	the ability to				
	support the				
	management				
	of an appointed				
	caseload of				
	patients.				
	patients.				
		l	<u> </u>	<u> </u>	



## Meeting needs for care and support at the end of life

Name:		
Assessor:	Title	Rand

	Competency criteria	Evidence of Competency	Competency 1 <sup>st</sup> Assess Met / Not Met	Competency 2nd Assess Met / Not Met	Competency  3 <sup>RD</sup> Assess  Met / Not Met (TO BE COMPLETED ONLY IF ACTION PLAN IS IMPLEMENTED)
1	Recognise and take immediate steps to respond appropriately to uncontrolled symptoms and signs of distress including pain, nausea, thirst, constipation, restlessness, agitation, anxiety and depression				
2	Review preferences and care priorities of the dying person and their family and carers, and ensure changes are communicated as appropriate				
3	Provide care for the deceased person and the bereaved respecting cultural requirements and protocols				



4	Ability to provide					
	general support					
	visit to the family of					
	the patient					
5	Liaise with the					
	nurse in charge					
	of the caseload					
	to provide					
	bereavement					
	support, referral					
	and visits to the					
	family. Coordinate the					
6						
	return of all					
	equipment e.g.					
	syringe pump back					
	to the office after					
	the death of the					
	patient					
Statement of Competency: Assessment and Care plans  I certify that I am aware of my professional responsibility for continuous professional development and that I am accountable for my actions. With this in mind I make the following statement:  I am competent in the statements identified for my role in assessing care needs without further						
training.						
Signature:						
Name:		D	Date:			
My team leader / manager is aware of my competency and evidence of my competency is included within my CPD portfolio and Annual Appraisal.						
Team Leader / Manager / Assessor						
Signature:						
Nam	e:	D	ate:			



I require further training or supervision  My team leader / manager is aware of my competency deficits and my annual appraisal identifies learning needs to be addressed within the next months through training and clinical supervision opportunities within my team.				
Agreed Actions requir	red to achieve competency (if necessary):			
	isits today. Based on the outcome of the joint visit: ır practice need improvement:	s, I observed that the		
Action Plan				
	Areas of improvement	Actions required		
1.		, and a second		
		Target date:		
2.				
3.		Target date:		
		Target date:		
I can confirm that the comments in the feedback have been shared with me.  Signed Staff Member				

Signed Team Leader / Assessor.....



has been identified.

# Early Detection of a Deteriorating Client

Nam	Name:					
Asse	ssor:			.Title	Band	
	Competency criteria	Evidence of Competency	Competency 1st Assess Met / Not Met	Competency 2nd Assess Met / Not Met	Competency 3RD Assess Met / Not Met (TO BE COMPLETED ONLY IF ACTION PLAN IS IMPLEMENTED)	
1	Understand the warning signs of a deteriorating client.					
2	Demonstrate knowledge and understanding of different illnesses that can be exacerbated.					
3	Demonstrate knowledge of detecting an acute illness/ emergency and who to report to.					
4	Demonstrate the ability to know the normal limits when undertaking observations.					
5	Identify the correct procedure when a deteriorating client					



6	Demonstrate knowledge of					
	holistic assessment					
	which includes FRAT, MUST,					
	GULP, Waterlow					
	assessment tool					
	and care plans.					
7	Demonstrates					
	completion of					
	NEWS score					
	and escalates					
	appropriately.					
Ш						
State	ement of Competency:	Early Detection o	of a Deteriorating	Client		
	ify that I am aware of m that I am accountable f					
I am train	competent in the state	ements identifie	d for my role in a	ussessing care ne	eeds without further	
	ature:					
8						
Nam	ie:	С	ate:			
My team leader / manager is aware of my competency and evidence of my competency is included with my CPD portfolio and annual appraisal.					mpetency is included	
Tean	n Leader / Manager / As	sessor				
Signature:						
Nam	Name: Date:					
I require further training or supervision:						
My team leader / manager is guara of my competency deficite and my annual annual annual identifica						
My team leader / manager is aware of my competency deficits and my annual appraisal identifies learning needs to be addressed within the next months through training and clinical						

supervision opportunities within my team.



### **Agreed Actions required to achieve competency** (if necessary):

We carried out joint visits today. Based on the outcome of the joint visits, I observed that the following areas of your practice need improvement:

#### **Action Plan**

	Areas of improvement	Actions required			
1.		Target date:			
2.		Target date:			
3.		Target date:			
	confirm that the comments in the feedback have been sh				
Signe	dStaffMember				
Signe	ed Team Leader / Assessor				
	ompetency framework for assessing care needs will be the raining and supervision has taken place.	method used to direct and record			
Signa	ture:				
Name	e: Date:				
Team Leader / Manager / Assessor					
Signature:					
Name	Name: Date:				
Review Date (if necessary):					
Additional Notes:					



# Safe Provision of Equipment

Name:		
Assessor:	Title	Band

	Competency criteria	Evidence of Competency	Competency 1 <sup>st</sup> Assess Met / Not Met	Competency 2nd Assess Met / Not Met	Competency 3 <sup>RD</sup> Assess Met / Not Met (TO BE COMPLETED ONLY IF ACTION PLAN IS IMPLEMENTED)
1	Walking frame (with or without wheels):				
	Demonstrate how to measure and adjust a walking frame to the correct height for the patient and how to safely transfer from seating to standing and vice versa				
	Describe how to demonstrate safe transfers from seated to standing and standing to seated with the frame				
	Identify any potential hazards within the home environment that may need to be discussed with the patient prior to issuing frame.				



2	Bed stick/ Loop:			
	Identify reasons for issuing a bed stick/ loop (transfer aid not to prevent falling out of bed)			
	Explain how to fit a bed stick/ loop including correct positioning on the mattress.			
3	Commode (static or glide-about):			
	Explain how to measure and adjust height to correct level for patient			
	Discuss environmental issues to take into account (e.g. distance for glide-about, space).			



		1	
4	Toileting equipment (free standing toilet		
	frame, combination		
	frame, raised seat):		
	Discuss clinical		
	reasoning for		
	issuing a specific		
	piece of equipment demonstrating		
	consideration		
	of alternative		
	equipment		
	Demonstrate how to		
	measure and adjust		
	any equipment to the correct height for the		
	patient		
	Explain environmental		
	considerations when		
	issuing toileting		
	equipment (others using toilet, pipes,		
	space).		
5	Handling belt:		
	Demonstrate clinical		
	reasoning why		
	issuing a handling helt		
	Delt		
	Demonstrate safety		
	awareness when using a handling belt		
	(not using as a lifting		
	aid, not using to		
	prevent a fall etc)		
	Explain how to		
	demonstrate correct		
	usage of the belt to a family member.		
	.ay memben		



6	Slide sheets:		
	Explain how to safely insert the sheet to aid repositioning of a patient		
	Demonstrate awareness of safety issues when issuing sliding sheet (heels dragging if short sheet).		
7	Pressure Relieving Equipment:		
	Explain how to identify if a pressure cushion is the correct size for the chair.		
	Able to identify if pressure relieving equipment is required.		
	Demonstrate what to do should you have concerns a patient requires a pressure cushion or mattress.		



8	Chair/ Bed Raisers:				
	Explain what to observe when identifying if a patient requires their chair or bed raised.				
	Demonstrate awareness of how to identify if a bed or chair is to low or high.				
	Demonstrate how to fit and adjust appropriate raisers to the correct height for the patient				
9	Hospital Beds:				
	Demonstrate an awareness of how to use the controls on a hospital bed.				
	Demonstrate how to release the cot sides.				
	Demonstrate how to release the wheel breaks and importance of always applying at least 3 brakes				
10	Bath Boards:				
	Demonstrate how to observe a safe transfer onto a bath board.				
	Demonstrate how to measure for the appropriate size and fit safely.				
	l	I	L	L	L



	11	Ability to keep and maintain a tracker/ log of all equipment allocated to your locality / team				
	12	Coordinate the calibration of all equipment and ensure that equipment are returned to appropriate safe place after use e.g. syringe pump, suctioning machine etc.				
	State	ment of Competency	ı: Safe Provisio	on of Equipment	t	
1	devel follov I am d	ify that I am aware of opment and that I are ving statement:	n accountable	for my actions	. With this in mind	I I make the
1	furth	er training.				
•	Signa	ture:				
١	Name	e:		Dat	te:	
My team leader / manager is aware of my competency and evidence of my competency is included with my CPD portfolio and annual appraisal.						
Team Leader / Manager / Assessor						
	Signature:					
	Name	2:		Da	te:	



Actions required

#### I require further training or supervision

My team leader / manager is aware of my competency deficits and my annual appraisal identifies learning needs to be addressed within the next \_\_\_\_ months through training and clinical supervision opportunities within my team.

### **Agreed Actions required to achieve competency** (if necessary):

Areas of improvement

We carried out joint visits today. Based on the outcome of the joint visits, I observed that the following areas of your practice need improvement:

### **Action Plan**

1.

		Target date:		
2.				
		Target date:		
3.				
		Target date:		
I car	confirm that the comments in the feedback have been sh	ared with me.		
Sign	ed Staff Member			
Sign	ed Team Leader /Assessor			
The competency framework for assessing care needs will be the method used to direct and record that training and supervision has taken place.				
Sign	ature:			
Nam	Date:			



Team Leader / Manager / Assessor	
Signature:	
Name:	Date:
Review Date (if necessary):	
Additional Notes:	



# **Equipment Ordering**

Name:		
Assessor:	Title	Rand

			T -		
	Competency	Evidence of	Competency	Competency	Competency
	criteria	Competency	1 <sup>st</sup> Assess	2nd Assess	3 <sup>RD</sup> Assess
					Met / Not Met
			Met / Not	Met/Not	(TO BE COMPLETED
			Met	Met	ONLY IF ACTION PLAN IS IMPLEMENTED)
					13 IMPLEMENTED)
1	Demonstrate an				
	understanding				
	of prescribing				
	criteria and				
	matrix				
2	To be compliant				
	with attending				
	local equipment				
	ordering				
	training e.g. 2				
	yearly Millbrook				
	/ Medequip				
	refresher				
	training				
	sessions.				
3	Complete local				
	equipment				
	assessors				
	training as				
	appropriate				
	e.g. Millbrook's				
	/ Medequip				
	Trusted Assessor				
	Training				
4	Identify when to				
'	utilise Trusted				
	Assessor in				
	order to support				
	caseload				
	effectively.				



6	Demonstrate knowledge of appropriate equipment delivery timescales with appropriate clinical reasoning in line with the Millbrook / Medequip guidelines						
7	Demonstrate understanding of authorisation process and timescale						
Statement of Competency: Equipment Ordering  I certify that I am aware of my professional responsibility for continuous professional development and that I am accountable for my actions. With this in mind I make the following statement:  I am competent in the statements identified for my role in assessing care needs without further training							
Signa	ture:						
Name	Name: Date:						
My team leader / manager is aware of my competency and evidence of my competency is included with my CPD portfolio and annual appraisal.							
Team Leader / Manager / Assessor							
Signa	ture:						
Name	e:		Date:				



I require further training or supervision  My team leader / manager is aware of my competency deficits and my annual appraisal identifies learning needs to be addressed within the next months through training and clinical supervision opportunities within my team.							
Agree	Agreed Actions required to achieve competency (if necessary):						
	rried out joint visits today. Based on the outcome of the joint vising areas of your practice need improvement:	sits, I observed that the					
Action	n Plan						
	Areas of improvement	Actions required					
1.							
		Target date:					
2.		Target date:					
3.							
J.		Target date:					
I can c	onfirm that the comments in the feedback have been shared wit	h me.					
Signe	l Staff Member						
Signed Team Leader /Assessor							
The competency framework for assessing care needs will be the method used to direct and record that training and supervision has taken place.							
Signa	ture:						
Name	: Date:						



Team Leader / Manager / Assessor	
Signature:	
Name:	Date:
Review Date (if necessary):	
Additional Notes:	



## **Falls**

## Provide support with mobility and safety / fall prevention

Name:					
Asses	Competency criteria	Evidence of Competency	Competency 1st Assess Met / Not Met	Competency 2nd Assess Met / Not Met	Competency 3 <sup>RD</sup> Assess Met / Not Met (TO BE COMPLETED ONLY IF ACTION PLAN IS IMPLEMENTED)
1	Demonstrates an understanding of the possible health and social implications of a fall.				
2	Able to list some of the intrinsic factors that contribute to a fall.				
3	Able to list some of the extrinsic factors that contribute to a fall.				
4	Ability to identify some environmental risk factors and suggest ways of reducing them.				



			1	
5	Demonstrate the ability to identify			
	some personal			
	risk factors and			
	suggest ways of			
	reducing them.			
6	Use appropriate			
	risk assessment			
	tools to			
	determine the			
	ongoing need			
	for support and			
	intervention			
	including the			
	level of			
	independence			
	and self-care that an individual can			
	manage			
7	Use appropriate assessment tools			
	to determine,			
	manage			
	and escalate the			
	ongoing risk of			
	falls			
8	Ability to use			
	a range of			
	contemporary			
	moving and			
	handling			
	techniques and			
	mobility aids			
9	Ability to identify			
	an individual			
	with balance			
	difficulties using			
	the balance			
	indicators.			
10	Able to			
	demonstrate how			
	to get up from			
	the floor after a fall.			
	a Iall.			



11	Use appropriate moving and handling equipment to support people with impaired mobility.				
12	Understanding the use of the Bedfordshire Falls Risk Assessment Tool (FRAT) or any local falls risk assessment tool and actions required on completion of form on SYSTMONE/EMIS/CERNER MILLENIUM. This may include provision of equipment or onward referral if required.				
	ment of Competenc				
				r continuous professi nd I make the followin	
l am o traini		atements identif	ied for my role i	n assessing care need	ds without further
Signa	ture:				
				evidence of my comp	etency is included
Team Leader / Manager / Assessor					
Signa	ture:				
Name	<u>.</u>		Date:		



### I require further training or supervision

My team leader / manager is aware of my competency deficits and my annual appraisal identifies learning needs to be addressed within the next \_\_\_\_ months through training and clinical supervision opportunities within my team.

### **Agreed Actions required to achieve competency** (if necessary):

We carried out joint visits today. Based on the outcome of the joint visits, I observed that the following areas of your practice need improvement:

#### **Action Plan**

**Additional Notes:** 

	Areas of improvement	Actions required				
1.						
		Target date:				
2.						
		Target date:				
3.		_				
		Target date:				
I can c	confirm that the comments in the feedback have been shared with	me.				
Signe	d Staff Member					
Signe	d Team Leader / Assessor					
	ompetency framework for assessing care needs will be the method us raining and supervision has taken place.	sed to direct and record				
Signature:						
Name	Name: Date:					
Team Leader / Manager / Assessor						
Signa	ture:					
Name	e: Date:					
Revie	w Date (if necessary):					



# Home Visiting and Communication

Name:		••••••
Assessor:	Title	Band

	Competency criteria	Evidence of Competency	Competency 1 <sup>st</sup> Assess Met /Not Met	Competency 2nd Assess Met / Not Met	Competency 3 <sup>RD</sup> Assess Met / Not Met (TO BE COMPLETED ONLY IF ACTION PLAN IS IMPLEMENTED)
1	Demonstrate a knowledge of how to maintain the security of clients prior, during and after visit:  How to enter house appropriate for individual client needs (e.g. knocking, ringing, using keysafe) Showing/ displaying I.D badge Keeping outside doors locked Replacing keys to agreed secure place.				



2	Demonstrate the		
	ability to build a		
	working relationship with the client and		
	colleagues to make		
	the client feel at ease		
	and in control		
	· Introductions		
	Interaction at		
	start of visit		
	· Interaction		
	during visit.		
3	Demonstrate the		
	ability to clearly		
	explain the reason		
	for the visit to clients/		
	carers.		
4	Demonstrate the		
	ability to constantly		
	assess the home environment to		
	detect any hazards		
	to prevent harm		
	to self, client and		
	others e.g. pets, fire		
	guards, electric cords,		
	biohazards etc.		
	Dionazaras etc.		
5	Infection Control		
	· Following		
	Hand hygiene		
	procedures		
	· Knowing when		
	to use gloves		
	and aprons and		
	other PPEs.		
	· Aware of safe		
	disposal of sharps.Aware		
	of procedure		
	for needle stick		
	injury.		
	iiijuiy.		



6	Demonstrate the	·		
	ability to read,			
	understand and			
	follow the care plan.			
7	Demonstrate an			
′	understanding of			
	when treatment is			
	not appropriate.			
8	Encouraging person			
	to rehabilitate and			
	promote self-care:			
	· Encouraging			
	client to prepare			
	meal and drink			
	<ul> <li>Encouraging</li> </ul>			
	client to			
	undertake own			
	personal care			
	<ul> <li>Encouraging</li> </ul>			
	client to			
	mobilise.			
9	Demonstrate			
	effective working			
	in partnership			
	with clients and			
	colleagues and			
	wider services (Social			
	Services, ELFT)			
10	Know who to contact			
	i and now it not nappy i			
	and how if not happy			
	to carry out the			
	to carry out the following:			
	to carry out the following:  Staff member			
	to carry out the following: · Staff member does not feel			
	to carry out the following:  Staff member does not feel competent/			
	to carry out the following:  Staff member does not feel competent/ confident			
	to carry out the following:  Staff member does not feel competent/confident Client declines			
	to carry out the following:  Staff member does not feel competent/confident Client declines care			
	to carry out the following:  Staff member does not feel competent/ confident Client declines care If safety is			
	to carry out the following:  Staff member does not feel competent/ confident Client declines care If safety is compromised			
	to carry out the following:  Staff member does not feel competent/ confident Client declines care If safety is compromised in any area for			
	to carry out the following:  Staff member does not feel competent/ confident Client declines care If safety is compromised			



	L A L TILL	1	 	
11	Ability to			
	recognise normal			
	and abnormal			
	client behaviour/			
	physiology and			
	report changes to the			
	appropriate person in			
	a timely fashion.			
12	Know when to call			
	999 / 111			
13	Demonstrate the			
	ability to leave			
	the client safe,			
	comfortable and as			
	pain free as possible			
	following each visit.			
14	Understand and			
14	demonstrates full			
	understanding of the			
	Community Health			
	Services Failed access			
	policy			
14	Demonstrate			
	SYSTMONE/EMIS/			
	CENTREMILLENIUM			
	data entry:			
	· Is entered at / or			
	following visit			
	· In date and time			
	order			
	· Data is			
	professional and			
	clear as to what			
	wasundertaken			
	· Phone calls			
	during visit			
	with MDT are			
	recorded.			



#### Statement of Competency: Home Visiting and Communication

I certify that I am aware of my professional responsibility for continuous professional development and that I am accountable for my actions. With this in mind I make the following statement:

I am competent in the statements identified for my role in assessing care needs without further training.

Signature:

Name: Date:

My team leader / manager is aware of my competency and evidence of my competency is included with my CPD portfolio and annual appraisal.

Team Leader / Manager / Assessor

Signature:

Name: Date:
I require further training or supervision

My team leader / manager is aware of my competency deficits and my annual appraisal identifies learning needs to be addressed within the next \_\_\_\_\_ months through training and clinical

#### **Agreed Actions required to achieve competency** (if necessary):

supervision opportunities within my team.

We carried out joint visits today. Based on the outcome of the joint visits, I observed that the following areas of your practice need improvement:

#### **Action Plan**

	Areas of improvement	Actions required
1.		Target date:
2.		
		Target date:
3.		Target date:



**Additional Notes:** 

I can confirm that the comments in the feedback have been shared with me.						
Signed Staff Member						
Signed Team Leader /Assessor						
The competency framework for assessing care needs will be the method used to direct and record that training and supervision has taken place.						
Signature:						
Name:	Date:					
Team Leader / Manager / Assessor						
Signature:						
Name:	Date:					
Review Date (if necessary):						



# **Medicines Management**

Name:		
Assessor:	Title	Rand

	Competency criteria	Evidence of Competency	Competency 1st Assess Met / Not Met	Competency 2nd Assess Met / Not Met	Competency 3RD Assess Met / Not Met (TO BE COMPLETED ONLY IF ACTION PLAN IS IMPLEMENTED)
1	Demonstrate an understanding of responsibilities in relation to medication.				
2	Demonstrate knowledge of what the next steps would be if there were concerns regarding medication.				
3	Completed separate medication management competencies as required by local or Trust guidelines.				
4	Completed separate insulin management competencies as required and as part of insulin administration training.				



		т	1	
5	Continually assess people			
	receiving care			
	and their ongoing			
	ability to self-			
	administer their			
	own medications.			
6	Undertake			
	accurate drug calculations			
	for a range of			
	medications			
7	Exercise			
	professional			
	accountability in			
	ensuring the safe administration			
	of medicines to			
	those receiving			
	care			
8	Administer			
	injections using			
	intramuscular routes			
9	Administer			
	injections using subcutaneous			
	routes			
10	Manage injection			
'	equipment			
	including dispose			
	off sharps			
	appropriately.			
11	Administer			
	and monitor medications			
	using enteral			
	route,			
12	Demonstrate			
	ability to care			
	for the PEG equipment, and			
	PEG site.			
	. La sitte.			



13	Administer		
	suppositories		
14	Administer		
	enemas		
15	Manage, monitor		
	and record the		
	effectiveness of		
	symptom relief		
	medication		
16	Recognise		
	and respond		
	to adverse		
	or abnormal		
	reactions to		
	medications, and		
	when and how		
	to escalate any		
	concerns		
17	Undertake		
	safe storage,		
	transportation		
	and disposal		
	of medicinal		
	products		
18	Understands		
	the rationale for		
	stock balance		
	in Palliative /		
	End of life care		
	medications.		
19	In the absence of		
	registered nurse,		
	plays the role of		
	a 2 <sup>nd</sup> checker in		
	controlled drugs		
	administration.		
C+-+-	mont of Compotons	 	

Statement of Competency: Medicines Management

I certify that I am aware of my professional responsibility for continuous professional development

, , , , , , , , , , , , , , , , , , , ,	actions. With this in mind I make the following statement:
I am competent in the statement training.	s identified for my role in assessing care needs without furth
Signature:	
Name:	Date:
	65



Signature:

Name:

Team Leader / Manager / Assessor

I require further training or supervision

supervision opportunities within my team.

**Agreed Actions required to achieve competency** (if necessary):

My team leader / manager is aware of my competency and evidence of my competency is included with my CPD portfolio and annual appraisal.

Date:

We carried out joint visits today. Based on the outcome of the joint visits, I observed that the

My team leader / manager is aware of my competency deficits and my annual appraisal identifies learning needs to be addressed within the next \_\_\_\_ months through training and clinical

following areas of your practice need improvement:				
Actio	n Plan			
	Areas of improvement	Actions required		
1.				
		Target date:		
2.				
		Target date:		
3.				
		Target date:		
can	confirm that the comments in the feedb	ack have been shared with me.		
Signe	d Staff Member			
Signe	ed Team Leader /Assessor			
	ompetency framework for assessing care raining and supervision has taken place.	needs will be the method used to direct and record		
Signa	ture:			
Name	2:	Date:		
		66		



Additional Notes:	
Review Date (if necessary):	
Name:	Date:
Signature:	
Team Leader / Manager / Assessor	



## Pain

ssessor:TitleBand						
	Competency Criteria	Evidence of Competency	Competency 1st Assess Met / Not Met	Competency 2nd Assess Met / Not Met	Competency 3 <sup>RD</sup> Assess Met / Not Met (TO BE COMPLETED ONLY IF ACTION PLAN IS IMPLEMENTED)	
1	To demonstrate knowledge of how pain is produced in the body, and the different types of pain.					
2	To demonstrate an understanding of the impact of pain on activities of daily living and on emotional wellbeing.					
3	To demonstrate the ability to assess clients' perception of pain, its presentation, site and severity.					
4	To demonstrate an awareness of the treatments available for pain, including medical, therapeutic and					



	T	T		
5	To demonstrate knowledge of when			
	and how to report,			
	refer and record			
	your observations			
	and actions.			
6	Demonstrates			
	completion of			
	relevant pain score.			
7	Observe and			
	monitor comfort and pain levels and			
	rest and			
	sleep patterns			
8	use appropriate			
	bed-making			
	techniques,			
	including those required for			
	people who are			
	unconscious or who			
	have			
	limited mobility			
9	use appropriate			
	positioning and			
	pressure relieving techniques			
10	take appropriate			
	action to ensure			
	privacy and dignity			
	at all times			
11	support people			
	to reduce fatigue,			
	minimise			
	insomnia and take appropriate rest.			
12	appropriate action			
'-	to reduce or			
	minimise pain or			
	discomfort			
	L	L	l	1



### Statement of Competency: Pain

I certify that I am aware of my professional responsibility for continuous professional development and that I am accountable for my actions.

With this in mind I make the following statement:

I am competent in the statements identified for my role in assessing care needs without further training.						
Signature:						
Name:	Date:					
	My team leader / manager is aware of my competency and evidence of my competency is included with my CPD portfolio and annual appraisal.					
Team Leader / Manager / Assessor						
Signature:						
Name:	Date:					
	competency deficits and my annual appraisal identifies the next months through training and clinical					

# **Agreed Actions required to achieve competency** (if necessary):

supervision opportunities within my team.

We carried out joint visits today. Based on the outcome of the joint visits, I observed that the following areas of your practice need improvement:

#### **Action Plan**

	Areas of improvement	Actions required	
1.			
		Target date:	
2.			
		Target date:	
3.			
		Target date:	



I can confirm that the comments in the feedback have been shared with me.					
Signed Staff Member					
SignedTeamLeader/Assessor					
The competency framework for assessing care needs will that training and supervision has taken place.	be the method used to direct and record				
Signature:					
Name:	Date:				
Team Leader / Manager / Assessor					
Signature:					
Name:	Date:				
Review Date (if necessary):					

**Additional Notes:** 



# Raising a Concern

	Compotone	F: J	C	C	Commetone	
	sor:					
Name	e:	•••••	•••••	•••••		

	Competency criteria	Evidence of Competency	Competency 1 <sup>st</sup> Assess Met / Not Met	Competency 2nd Assess Met / Not Met	Competency 3 <sup>RD</sup> Assess Met / Not Met (TO BE COMPLETED ONLY IF ACTION PLAN IS IMPLEMENTED)
1	Demonstrate an ability to identify a Cause for Concern.				
2	Demonstrate that you verbally report the concern to the case holder or team leader.				
3	In the absence of the case holder, demonstrate an understanding of who else to talk to.				
4	In the absence of the team lead, demonstrate who you would report to.				
5	In the absence of a senior, demonstrate how to contact On-Call Management.				
6	Demonstrate how to contact The Freedom to Speak Up Guardian				



6	Demonstrates the ability to complete Datix online		
7	Understands Duty of Candour and how to apply in practice		
8	Demonstrate great understanding of when to discuss a safeguarding issue with senior staff and how to escalate in their absence.		
9	Recognising and feeling confident to contact ELFT Safeguarding team (in hours) and Social Service Duty Team (out of hours) to discuss concerns and ascertain advice.		
10	Recognise when a patient lacks mental capacity and understand how to liaise with registered nurses on dealing with this		



# Statement of Competency: Raising a Concern

I certify that I am aware of my professional responsibility for continuous professional development and that I am accountable for my actions. With this in mind I make the following statement:

I am competent in the statements identraining.	tified for my role in assessing care needs without further
Signature:	
Name:	Date:
My team leader / manager is aware of my with my CPD portfolio and annual appra	y competency and evidence of my competency is included aisal.
Team Leader / Manager / Assessor	
Signature:	
Name:	Date:
•	y competency deficits and my annual appraisal identifies n the next months through training and clinical
A award Actions required to achieve commo	toway (if wasses and)

#### **Agreed Actions required to achieve competency** (if necessary):

We carried out joint visits today. Based on the outcome of the joint visits, I observed that the following areas of your practice need improvement:

#### **Action Plan**

	Areas of improvement	Actions required
1.		
		Target date:
2.		
		Target date:



3.							
		Target date:					
I can confirm that the comments in the feedback have been shared with me.							
Signed Staff Member							
Signed Team Leader / Assessor							
The competency framework for assessing that training and supervision has taken p	-	e method used to direct and record					
Signature:							
Name:	Date:						
Team Leader / Manager / Assessor							
Signature:							
Name:	Date:						
Review Date (if necessary):							
Additional Notes:							



Be able to

list signs and symptoms of respiratory infection.

4

# **Respiratory System**

	nespiratory system								
Nam	Name:								
Asses	Assessor:BandBand								
	Competency criteria	Evidence of Competency	Competency 1st Assess Met / Not Met	Competency 2nd Assess Met / Not Met	Competency 3 <sup>RD</sup> Assess Met / Not Met (TO BE COMPLETED ONLY IF ACTION PLAN IS IMPLEMENTED)				
1	Demonstrate a basic anatomical understanding of the upper and lower respiratory tracts.								
2	Demonstrate a basic understanding of the process of respiration.								
3	Demonstrate an understanding of the impact of a client's respiratory history on rehabilitation.								



5	Demonstrate an understanding of chronic lung disease.		
6	Be able to assist the client with relaxation techniques.		
7	Be able to assist the client with positions of ease for breathlessness.		
8	Demonstrate an understanding of the importance of basic advice for shortness of breath that can be given verbally.		
9	Be aware of when a breathless situation has become an emergency situation.		
10	Be able to undertake record oxygen saturation using the appropriate equipment and report back to relevant clinician.		



		I	1	
11	Able to			
	demonstrate			
	basic			
	pulmonary			
	rehab exercises			
	as prescribed			
	by respiratory			
	team or			
	matron.			
12	Able to			
	demonstrate			
	nebulizer,			
	CPAP and			
	tracheostomy			
	care.			
13	Demonstrates			
	ability to			
	manage the			
	administration			
	of Oxygen			
	using a range			
	of routes and			
	approaches			
14	Ability to take			
	and be able to			
	identify normal			
	peak flow			
	and oximetry			
	measurements			
15	Ability to use			
'3	appropriate			
	nasal and oral			
	suctioning			
	techniques			
16	Ability to			
	manage			
	inhalation,			
	humidifier			
	αevices			
	and nebulizer devices			



#### Statement of Competency: Respiratory System

I certify that I am aware of my professional responsibility for continuous professional development and that I am accountable for my actions. With this in mind I make the following statement:

I am competent in the statements identified for my role in assessing care needs without further training. Signature: Name: Date: My team leader / manager is aware of my competency and evidence of my competency is included with my CPD portfolio and annual appraisal. Team Leader / Manager / Assessor Signature: Name: Date: I require further training or supervision

My team leader / manager is aware of my competency deficits and my annual appraisal identifies learning needs to be addressed within the next \_\_\_\_ months through training and clinical supervision opportunities within my team.

### **Agreed Actions required to achieve competency** (if necessary):

We carried out joint visits today. Based on the outcome of the joint visits, I observed that the following areas of your practice need improvement:

#### **Action Plan**

	Areas of improvement	Actions required
1.		
		Target date:
2.		
		Target date:



3.								
J.								
	Target date:							
I can confirm that the comments in the feedback have been shared with me.  Signed Staff Member								
Signed Staff Member								
Signed Team Leader /Assessor								
The competency framework for assessing care needs and record that training and supervision has taken pl								
Signature:								
Name:	Date:							
Team Leader / Manager / Assessor								
Signature:								
Name:	Date:							
Review Date (if necessary):								



# **Preventing and Managing infection**

Name:					
Asse	Competency criteria	Evidence of Competency	Competency 1st Assess Met / Not Met	Competen 2nd Assess Met / Not Met	
1	Demonstrate the ability to observe and respond rapidly to potential infection risks using best practice guidelines.				
2	Ability to use standard precautions protocols and use aseptic and non- touch technique				
3	Demonstrates ability to use appropriate personal protection equipment and implement isolation procedures				
4	Demonstrates and use good hand hygiene techniques				
5	Safely decontaminate equipment and environment and safely handle waste, laundry				
6	Demonstrates appropriate use and				

disposal of sharps



# **Skin and Pressure Care**

Name:		
	<b>-</b> ***1	ъ .
Assessor:	I itle	Band

	Competency criteria	Evidence of Competency	Competency 1st Assess Met / Not Met	Competency 2nd Assess Met / Not Met	Competency 3RD Assess Met / Not Met (TO BE COMPLETED ONLY IF ACTION PLAN IS IMPLEMENTED)
1	Demonstrate a basic knowledge of the anatomy and functions of the skin.				
2	Demonstrate an understanding of the different types of skin.				
3	Demonstrate an ability of how to carry out skin checks and identifying vulnerable areas				
5	Identify and manage skin irritations and rashes				
5	Demonstrate an understanding of how to safely and effectively cleanse and dry the skin.				



6	identify the need for and provide appropriate assistance with washing, bathing, shaving and dressing		
7	Demonstrate the knowledge of how and when to apply prescribed skin creams, to which areas and why.		
8	To be able to identify those most at risk of developing a pressure ulcer.		
9	Demonstrate competence in completing the Waterlow Assessment Tool		
10	Understand the impact of pressure ulcers on individuals in their ability to carry out activities of daily living.		
11	Identify the need for and provide appropriate oral, dental, eye and nail care and suggest to the registered nurse when an onward referral is needed		



10	Demonstrate			
12				
	advice given			
	on regular			
	mobilisation and			
	pressure relieving			
	activities.			
13	Identify			
	appropriate			
	pressure relieving			
	equipment for			
	those identified			
	at high risk			
	with reference			
	to the Pressure			
	Ulcer Prevention			
	Equipment			
	Ordering Tool			
	on Millbrook's /			
	Medequip online.			
14	Demonstrate			
14	ability to			
	educate carers			
	(informal/formal)			
	on pressure			
	prevention.			
15	Demonstrate			
	ongoing			
	understanding			
	of categories of			
	pressure ulcer			
16	Demonstrate			
	the ability to			
	refer the client to			
	the appropriate			
	person.			
17	Monitor wounds			
''	and undertake			
	wound care using			
	appropriate			
	evidence-based			
	techniques.			
		L.	l	



18	Liaise with all concerned with patients' care on prevention and management of pressure ulcer as appropriate				
Staten	nent of Competency:	Skin and Pressur	e Care		
	/ that I am aware of my at I am accountable fo				
I am co	ompetent in the state g.	ments identified	d for my role in as	ssessing care nee	ds without further
Signati	ure:				
Name:		D	ate:		
-	m leader / manager is y CPD portfolio and a			dence of my comp	petency is included
Team L	.eader / Manager / Ass	sessor			
Signati	ure:				
Name:		D	rate:		
I require further training or supervision  My team leader / manager is aware of my competency deficits and my annual appraisal identifies learning needs to be addressed within the next months through training and clinical supervision opportunities within my team.					
Agreed	l Actions required to a	achieve compete	ncy (if necessary)	:	
	We carried out joint visits today. Based on the outcome of the joint visits, I observed that the following areas of your practice need improvement:				



# **Action Plan**

	Areas of improvement	Actions required				
1.						
		Target date:				
2.						
		Target date:				
3.						
		Target date:				
I can	confirm that the comments in the feedback have been sha	red with me.				
Sign	ed Staff Member					
Sign	ed Team Leader /Assessor					
	competency framework for assessing care needs will be the training and supervision has taken place.	method used to direct and record				
Signa	ature:					
Nam	Name: Date:					
Tean	n Leader / Manager / Assessor					
Signa	ature:					
Nam	ne: Date:					
Revie	ew Date (if necessary):					



# **Management of Wellbeing**

Name:		
Assessor:	Title	Band

	Competency	Evidence of	Competency	Competency	Competency
	criteria	Competency	1 <sup>st</sup> Assess Met / Not Met	2nd Assess Met / Not Met	3RD Assess Met / Not Met (TO BE COMPLETED ONLY IF ACTION PLAN IS IMPLEMENTED)
1	Demonstrate an				
	understanding of the major				
	symptoms of				
	stress and how				
	to recognise				
	them.				
2	Demonstrate ability to				
	describe the				
	"fight or flight"				
	stress response.				
3	Be able to describe the				
	major steps				
	to become				
	stress resistant				
	people.				
4	Explain the role of muscle				
	tension/				
	tone in the				
	management of				
	stress.				
5	Demonstrate				
	the benefits				
	massage can have in				
	reducing stress.				



6	Demonstrate an					
	understanding					
	of relaxation					
	in managing					
-	stress.  Demonstrate					
7	knowledge of					
	staff wellbeing					
	service and					
	how to contact					
	them.					
	them.					
State	ment of Competen	cy: Management (	of Wellbeing			
	fy that I am aware of nat I am accountabl				essional development owing statement:	
I am o trainii		atements identif	ied for my role i	n assessing care r	needs without further	
Signa	ture:					
Name	<b>:</b> :		Date:			
	My team leader / manager is aware of my competency and evidence of my competency is included with my CPD portfolio and annual appraisal.					
Team	Leader / Manager /	Assessor				
Signa	Signature:					
Name	Name: Date:					
I require further training or supervision  My team leader / manager is aware of my competency deficits and my annual appraisal identifies learning needs to be addressed within the next months through training and clinical supervision opportunities within my team.						

# **Agreed Actions required to achieve competency** (if necessary):

We carried out joint visits today. Based on the outcome of the joint visits, I observed that the following areas of your practice need improvement:



### **Action Plan**

Areas of improvem	ent Actions required
1.	
	Target date:
	Target date:
2.	
	Target date:
3.	
	Target date:
I can confirm that the comments in	the feedback have been shared with me.
Signed Team Leader /Assessor	
The competency framework for asse and record that training and supervi	essing care needs will be the method used to direct sion has taken place.
Signature:	
Name:	Date:
Team Leader / Manager / Assessor	
Signature:	
Name:	Date:
Review Date (if necessary):	



# **Emergency Early Intervention Vehicle**

Name:		
Assessor:	Title	Band

	Competency criteria	Evidence of Competency	Competency 1st Assess Met / Not Met	Competency 2nd Assess Met / Not Met	Competency 3 <sup>RD</sup> Assess Met / Not Met (TO BE COMPLETED ONLY IF ACTION PLAN IS IMPLEMENTED)
1	Demonstrate understanding of Band 4 remit within Early Intervention Vehicle (EIV)				
2	Demonstrate ability to support the paramedic on patient visit.				
3	Assesses home environment for relevant aids and adaptions to support patient to stay safely at home.				
4	Demonstrates knowledge of services available to support person to stay at home and makes relevant referrals.				



5	Demonstrates knowledge of relevant				
	documentation in use.				
State	ment of Competen	cy: Emergency E	arly Intervention	Vehicle	
	fy that I am aware of hat I am accountabl			•	ofessional development llowing statement:
I am ( traini	•	atements identi	fied for my role	in assessing care	needs without further
Signa	ture:				
Name	e:		Date:		
-	My team leader / manager is aware of my competency and evidence of my competency is included with my CPD portfolio and annual appraisal.				
Team	Leader / Manager /	Assessor			
Signa	ture:				
Name	e:		Date:		
My te learn	•	er is aware of my ddressed within	competency de	•	ual appraisal identifies h training and clinical

supervision opportunities within my team.

# **Agreed Actions required to achieve competency** (if necessary):

We carried out joint visits today. Based on the outcome of the joint visits, I observed that the following areas of your practice need improvement:

### **Action Plan**

	Areas of improvement	Actions required
1.	•	•
		Target date:



2.		Target date:
3.		
		Target date:
I can confirm that the comments in the feedback have been shared with me.  Signed Staff Member		
Signed Toom Loadon / Accessor		
Signed Team Leader/Assessor		
The competency framework for assessing care needs will be the method used to direct and record that training and supervision has taken place.		
Signature:		
Name:	Date:	
Team Leader / Manager / Assessor		
Signature:		
Name:	Date:	
Review Date (if necessary):		



This document was designed for nursing development and competency assurance across East London NHS Foundation community services, for the use of community staff within the services in Newham. Tower Hamlets and Bedfordshire.

The document will be reviewed every three years or earlier depending on change in clinical research or clinical policies to ensure that the document continue to be fit for purpose.

**Ruth Bradley** 

Director of Nursing for Integrated Care

&

Caroline Ogunsola

Professional Development Nurse for community services





