



**East London**  
NHS Foundation Trust  
**Information Governance**  
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**Website:** <https://www.elft.nhs.uk>

26 April 2024

**Our reference: FOI DA5316**

I am responding to your request for information received 5 April 2024. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Interim Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

**Request:** I seek to obtain information regarding the policies and procedures your Trust has in place concerning debriefing/post-incident review processes following restrictive interventions. Restrictive interventions may include, but are not limited to, physical restraint, mechanical restraint, seclusion and rapid tranquilisation, used in the management of violent or potentially violent incidents. I am particularly interested in how staff and patients are supported through a debriefing/review process post-intervention, to ensure the wellbeing of all parties involved and to facilitate learning and improvement in practice.

**Question 1:** A copy of any current policies, guidelines or procedures that refer to debriefing/review following restrictive interventions within your services. This may be contained within broader policies regarding the prevention and management of violent behaviour or other related documents.

**Answer:** The Trust has reviewed question 1 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 21(1) of the FOI Act states:

*(1) Information which is reasonably accessible to the applicant otherwise than under section 1 is exempt information.*

The information requested is accessible here:

Point 18

<https://www.elft.nhs.uk/sites/default/files/2023-11/Policy%20on%20the%20use%20of%20Physical%20Holding%20Skills%208.1%20%281%29.docx>

**Question 2:** Any training materials or guidance provided to staff on conducting debriefing/post-incident review sessions aimed at either staff or patients.

**Answer:** The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

Any person making a request for information to a public authority is entitled—  
*(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and*  
*(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not have specific training on debrief and post incident reviews. Informal training may be offered locally via Duty Senior Nurse (DSN) induction and forums such as DSN away days, but it is not offered centrally.

Safety Interventions Training will cover some aspects of debrief / review sessions. The information requested is accessible here:

[Use of Force Policy](#) (point 8.0)

[Seclusion Policy](#) (point 26)

[Rapid Tranquilisation Policy](#)



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