



**East London**

NHS Foundation Trust

**Information Governance**

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26 April 2024

**Our reference: FOI DA5334**

I am responding to your request for information received 15 April 2024. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

**Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention**



We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Interim Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

**Request:** Please provide the following information by the following calendar years 2020, 2021, 2022, 2023, 2024 up to the date of 28/02/24.

During each calendar year, in children's services:

**Question 1:** How many new referrals started treatment for an eating disorder?

**Answer:** Please see table below:

Year	New referrals starting treatment
2020	361
2021	373
2022	340
2023	347
01/01/2024-28/02/2024	64

**Question 2:** How many patients were discharged from your service following treatment for an eating disorder?

**Answer:** Please see table below:

Year	Patients discharged following treatment
2020	359
2021	354
2022	308
2023	246
01/01/2024-28/02/2024	26

**Question 3:** How many of those patients (discharged) had achieved a BMI of 18.5 or higher when they were discharged?

**Answer:** The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested in a searchable format and is therefore unable to provide a response.

**Question 4:** How many of those patients (discharged) had a BMI of below 15 when they were discharged?

**Answer:** The Trust has reviewed question 4 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*



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**Question 5: What was the lowest BMI recorded of a patient when they were discharged (out of patients from point 4)?**

Answer: The Trust has reviewed question 5 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record the information requested in a searchable format and is therefore unable to provide a response.

**Question 6: How many of those patients (from point 4) were readmitted within 3 years of being discharged?**

Answer: The Trust has reviewed question 6 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

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