

Information Governance

Robert Dolan House
9 Alie Street
London
E1 8DE

Email elft.foi@nhs.net

Website: <https://www.elft.nhs.uk>

3 May 2024

Our reference: FOI DA5241a

I am responding to your request for information received 29 April 2024. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.
We care . We respect . We are inclusive

Interim Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Question 1: Please can you confirm if this data in (DA5241) is for inpatient and community services?

Answer: The data provided in DA5241 was for East London NHS Foundation Trust Community Services. The Trust does not have an inpatient Eating Disorder service.



We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.
We care . We respect . We are inclusive

Interim Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Original Request DA5241: I would like to make a freedom of information request about your adult eating disorder services.

Please provide the following information by the following calendar years: 2020, 2021, 2022, 2023, 2024 up to the present date 28/2/24.

During each calendar year, in adult services:

Question 1: How many new referrals started treatment for an eating disorder?

Answer: Please see table below:

Calendar Year	Number of referrals
2020	57
2021	55
2022	92
2023	196
2024	72

Question 2: How many patients were discharged from your service following treatment for an eating disorder?

Answer: Please see table below:

Calendar Year	Number of discharges
2020	52
2021	48
2022	68
2023	146
2024	36

Question 3: How many of those patients (discharged) had achieved a BMI of 18.5 or higher when they were discharged?

Answer: Please see table below:

Calendar Year	Discharged patients with BMI of 18.5 or higher
2020	9
2021	3
2022	10
2023	24
2024	7

Please note, the above data has been taken from a searchable field in the electronic patient record. However, specialist eating disorder services also hold and use BMI data within other domains of the record, for example progress notes, correspondence and externally provided summaries.

In order for the Trust to provide information requested, staff would have to access patient records as the information is not held in a searchable format. We do not have a legal basis to access patient records for the purposes of responding to a Freedom of Information Request as this would contravene the Data Protection Act 2018 / UK GDPR.



We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.
We care . We respect . We are inclusive

Interim Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Question 4: How many of those patients (discharged) had a BMI of below 15 when they were discharged?

Answer: Please see table below:

Calendar Year	Discharged patients with BMI of 15 or lower
2020	1
2021	0
2022	5
2023	3
2024	0

Please note, the above data has been taken from a searchable field in the electronic patient record. However, specialist eating disorder services also hold and use BMI data within other domains of the record, for example progress notes, correspondence and externally provided summaries.

In order for the Trust to provide information requested, staff would have to access patient records as the information is not held in a searchable format. We do not have a legal basis to access patient records for the purposes of responding to a Freedom of Information Request as this would contravene the Data Protection Act 2018 / UK GDPR.

Question 5: What was the lowest BMI recorded of a patient when they were discharged (out of patients from point 4)?

Answer: Please see table below:

Calendar Year	Lowest recorded BMI
2020	14.79
2021	16.24
2022	13.46
2023	14.48
2024	16.88

Please note, the above data has been taken from a searchable field in the electronic patient record. However, specialist eating disorder services also hold and use BMI data within other domains of the record, for example progress notes, correspondence and externally provided summaries.

In order for the Trust to provide information requested, staff would have to access patient records as the information is not held in a searchable format. We do not have a legal basis to access patient records for the purposes of responding to a Freedom of Information Request as this would contravene the Data Protection Act 2018 / UK GDPR.



We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.
We care . We respect . We are inclusive

Interim Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Question 6: How many of those patients (from point 4) were readmitted within 3 years of being discharged?

Answer: Please see table below:

Calendar Year	Discharged patients with BMI of 15 or lower – readmitted within 3 years
2020	0
2021	0
2022	4
2023	1
2024	0



We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.
We care . We respect . We are inclusive

Interim Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor