



East London

NHS Foundation Trust

Information Governance

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30 May 2024

Our reference: FOI DA5373

I am responding to your request for information received 8 May 2024. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Tel: 0303 123 1113
Web: www.ico.org.uk

Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention



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Chief Executive Officer: Lorraine Sunduza
Chair: Eileen Taylor

Request:

Question 1: For each of the last ten calendar years (defined 1 January – 31 December - so from and including 2014/15 to 2023/24) please provide the number of referrals received for your adult eating disorder services, split by age group and gender (If my requested time period is not available, please instead provide data from the earliest date available up until the most recent date available at the point of commission).

Answer: Please see tables below:

Number of referrals by gender. Bedfordshire and Luton Eating Disorders Service			
Year	Female	Male	Other
2014	6	1	0
2015	32	2	0
2016	136	8	0
2017	149	21	0
2018	158	7	0
2019	198	28	0
2020	217	23	0
2021	261	28	0
2022	275	37	0
2023	287	49	0
Total	1719	204	0

Number of referrals by gender. Tower Hamlets Psychology Disordered Eating Service*			
Year	Female	Male	Other
2021	4	1	0
2022	38	3	0
2023	274	39	1
Total	316	43	1

Number of referrals by age Bedfordshire and Luton Eating Disorders						
Year	18-29	30-39	40-49	50-59	60-69	70 and over
2014	6	0	1	0	0	0
2015	20	10	4	0	0	0
2016	82	22	25	13	2	0
2017	93	29	28	16	3	1
2018	91	44	20	10	0	0
2019	122	54	26	16	7	1
2020	135	56	34	14	1	0
2021	171	74	23	14	6	1
2022	169	72	30	28	10	3
2023	171	83	43	24	11	4
Total	1060	444	234	135	40	10



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Number of referrals by age Tower Hamlets Psychology Disordered Eating*						
Year	18-29	30-39	40-49	50-59	60-69	70 and over
2021	4	1	0	0	0	0
2022	28	6	5	1	1	0
2023	176	77	36	17	8	0
Total	208	84	41	18	9	0

Question 2: For each of the above-mentioned ten calendar years please state:

a) How many of the yearly referrals were from women in their 40s

Answer: Please see table below:

Number of female patients aged 40-49		
Years	Bedfordshire and Luton Eating Disorders	Tower Hamlets Psychology Disordered Eating*
2014	1	0
2015	4	0
2016	22	0
2017	24	0
2018	20	0
2019	23	0
2020	31	0
2021	22	0
2022	26	4
2023	37	27
Total	210	31

b) How many of those women in their 40s were going through menopause or perimenopause

Answer: The Trust has reviewed question 2b of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record information on menopause or perimenopause as requested and is therefore unable to provide a response.

c) How many of the yearly referrals were from women in their 50s

Answer: Please see table below

Number of female patients aged 50-59		
Years	Bedfordshire and Luton Eating Disorders	Tower Hamlets Psychology Disordered Eating*
2014	0	0



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Number of female patients aged 50-59		
Years	Bedfordshire and Luton Eating Disorders	Tower Hamlets Psychology Disordered Eating*
2015	0	0
2016	13	0
2017	13	0
2018	9	0
2019	14	0
2020	14	0
2021	13	0
2022	27	1
2023	17	15
Total	120	16

d) How many of those women in their 50s were going through menopause or perimenopause?

Answer: The Trust has reviewed question 2d of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record information on menopause or perimenopause as requested and is therefore unable to provide a response.

e) How many of the yearly referrals were from women in their 60s

Answer: Please see table below

Number of female patients aged 60-69		
Years	Bedfordshire and Luton Eating Disorders	Tower Hamlets Psychology Disordered Eating*
2014	0	0
2015	0	0
2016	2	0
2017	2	0
2018	0	0
2019	5	0
2020	1	0
2021	4	0
2022	8	1
2023	7	6
Total	29	7



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*Please note: The Tower Hamlets service, has limited recorded data as the period requested was prior to the installation of the new clinical system in this service.

f) How many of those women in their 60s were going through menopause or perimenopause

Answer: The Trust has reviewed question 2f of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record information on menopause or perimenopause as requested and is therefore unable to provide a response.



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