

What to expect at your Qb Test appointment

(Bionic Reading Version)

What is a Qb Test?

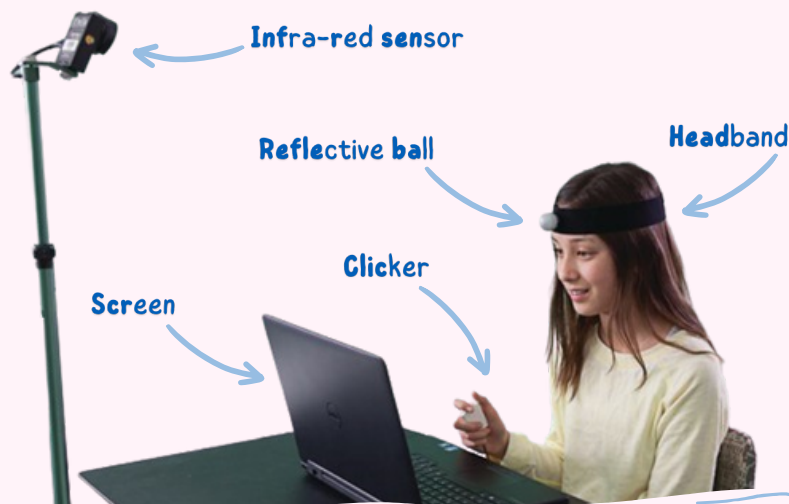
A Qb test is a simple computer task that helps us understand how a child concentrates, their movement and impulsivity. It helps us see if a child might have ADHD by comparing their results to other children of the same age and gender. The task lasts 15 to 20 minutes.

When you arrive, our friendly staff will:

- Explain how the task works
- Tell you why your parent or carer won't be in the room to help you concentrate
- Show you a video about the task
- Let you do practice tasks to make you feel confident
- Answer any questions you have before starting the task
- Start the task when you're ready and feeling comfortable
- Stay with you to help if you need it

During the task you will:

- Sit in front of a computer screen
- Wear a soft headband with a small reflective ball (this helps the infra-red sensor track your movement)
- Hold a clicker in one hand
- Use the clicker when you see certain shapes on the screen



It is important to not wear reflective clothing or shiny jewellery to your appointment as this can stop the infra-red sensor track your movement

If after reading this leaflet you feel a Qb Test may not be suitable, an alternative assessment can be provided by our service; please contact us as soon as possible on 0203 222 5600 or email us at elft.neurodevelopmentalteam@nhs.net