



**East London**  
NHS Foundation Trust  
**Information Governance**  
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**Website:** <https://www.elft.nhs.uk>

12 June 2024

**Our reference: FOI DA5375**

I am responding to your request for information received 9 May 2024. has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

**Information Rights Coordinator**

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

**Request:** It would be valuable to understand if you have any psychological trauma-related or trauma-informed documents. This would predominantly match with policies and documents under mental health services.

I am interested in evaluating trauma-related tools in a mental health care setting and have been used by colleagues to mitigate the issues around the implementation of trauma-informed care principles within the organisation.

#### **Grey documents**

**Grey documents will be defined as eligible policy documents under the relevant NHS policy document in the UK or by contacting the Human Resources department of the trust. Eligible training materials would be observed from e-academy online or face-to-face training or reading the trust bulletin board. MC (student researcher) would liaise with the learning and development team of the healthcare trust or related mental health professionals, such as a clinical director, division lead or manager for appropriate resource guidance across the region.**

**Answer:** The Trust has reviewed your request for information under the Freedom of Information Act (FOI) 2000.

Section 21(1) of the FOI Act states:

*(1) Information which is reasonably accessible to the applicant otherwise than under section 1 is exempt information.*

The information requested is accessible here:

[Trauma Informed Care - YouTube](#)

Please see Appendices 1-10 attached:

Section 40 for the FOI Act states:

*(2) This exemption covers the personal data of third parties (anyone other than the requester) where complying with the request would breach any of the principles in the UK GDPR.*

The information you have requested relates to less than five individuals and has the potential for those individuals to be identified. The Trust is therefore unable to provide this information in detail and has therefore applied redactions where necessary.



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