## Trauma Informed Care Cultures

Realise

Realise the widespread impact of trauma and understand the potential paths to recovery

Recognise

Recognise the signs and symptoms of trauma in service users, families, staff, teams and others involved in the system

Respond

Respond by fully integrating knowledge about trauma into policies, procedures and strategies

Resist

Resist re-traumatisation of our service users, their families, and the staff who care for them

