East London NHS Foundation Trust

Checklist for Developmental Coordination Disorder (DCD) Referral

(Referrer to Complete)

	Concerns	Yes	No
1.	Have difficulties in coordinating body which then impacts		
	participation in sports and leisure activities (e.g. balancing,		
	catching/throwing ball, riding a bike/scooter, team games		
	such as football, basketball and etc.)		
2.	Have difficulties in planning a motor activity, organising		
	his/her body to follow the plan and completing the task (e.g.		
	engaging in PE activities, moving on playground equipment, doing arts & crafts and etc.)		
3	Have difficulties in learning new motor tasks (e.g. swimming,		
5.	tennis & etc.) easily and does require more practice, time		
	and effort than other children to achieve the skill?		
4.	Have difficulties with self-care activities such as orientating		
	clothes, tying shoe laces, fastening buttons, zips and using		
	the cutleries?		
	In addition, you may see other concerns such as		
5.	Have difficulties in writing legibly and as fast as his/her		
	peers?		
6.	Have difficulties in applying appropriate force or tension		
	when manipulating different tools (e.g. pencil/pen, scissors,		
7	glue stick and etc.)		
1.	Have difficulties with organising / finding things in his/her bag pack / desk / room?		
0	Have difficulties in maintaining an upright sitting posture for		
0.	longer periods (e.g. slouches on the desk, fatigues easily,		
	leans towards one side of the chair and etc.)		
9	Are the movement difficulties in line with the child's general		
0.	learning abilities?		
10.	Do you have any concerns regarding underlying moderate to		
	severe Learning Disability (LD) or Attention Deficit		
	Hyperactivity Disorder (ADHD)? (If Yes, please re-refer back		
	the child to Occupational Therapy for DCD assessment after		
	LD has been assessed by Educational Psychologist or		
	ADHD has been managed)		

References:

Diagnostic and Statistical Manual of Mental Disorders 5th Edition: Developmental Coordination Disorder Criteria

The Developmental Coordination Disorder Questionnaire 2007 (DCDQ): B.N. Wilson and S.G. Crawford

The Adult Developmental Coordination Disorder / Dyspraxia Checklist (ADC) for Further and Higher Education 2008: Kirby and Rosenblum

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