



ELFT Social Work Training Programme

June 2024





Care Act 2014



Q Overview

This training provides an overview of the Care Act, in particular, its application to mental health. Overall, the session aims to relate law to everyday practice – and to give practitioners greater confidence in both understanding and applying the Care Act for the benefit of users of services. The session includes discussion and questions throughout, as well as case studies/group work on legal and ombudsman cases.



14th August 2024 9:30-12:30

10th October 2024 9:30-12:30

10th December 2024 9:30-12:30

5th February 2025 9:30-12:30

Click here to book

Q Course Content

- Well-being
- Referral
- Screening
- Assessment
- Strength-based approach
- Eligibility
- Provision of services
- Reviews
- Personal budgets
- Ordinary residence
- Advocacy



About the Trainer

Michael Mandelstam has worked in the field of health and social care for nearly 40 years. He worked previously at the Department of Health and before that at the Disabled Living Foundation. He has written many widely used legal books over a period of nearly 30 years. Michael now provides independent legal training to local authorities, the NHS and voluntary organisations.





Section 117



Q Overview

Section 117 of the Mental Health Act 1983 remains practically, legally and financially significant in health and social care. This half day training session provides an overview – taking an interactive approach, including breakout rooms and case studies.



14th November 2024 9:30-12:30

31st January 2025 9:30-12:30

Course Content

- Section 117 of the MHA: what it says
- Responsible authorities
- Strength of duty
- Record keeping
- Purpose and type of s.117 service
- Charging and s.117
- Withdrawing s.117 services
- NHS Continuing Healthcare
- Immigration and asylum
- Children/young people

Click here to book



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MCA in Practice



Q Overview

This one day course aims to enable clinicians to maximise their skills in implementing the Mental Capacity Act 2005 confidently, and apply this in daily practice.



11th September 2024 9:30-16:00

10th October 2024 9:30-16:00

Course Content

- MHA/MCA comparison
- Consent
- CQC and the MCA
- The Principles
- Assessment of mental capacity
- Fluctuating capacity
- The Causative Nexus
- Excluded Decisions
- Safeguarding & the MCA
- Court of Protection
- Best interests decisions
- Independent Mental Capacity Advocacy (IMCA)
- Lasting Powers of Attorney and Deputies
- Restraint
- Restrictions
- Admission to mental health hospitals

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About the Trainer

Hanna Gottschling (Edge) first started working in adult mental health services in 1999. Hanna gained her social work degree in 2011 and went on to gain her Masters in Adult Mental Health. She continues to practice as an Approved Mental Health Professional (AMHP) and as a Best Interests Assessor (BIA). Hanna has worked in all areas of adult social care including learning disability transitions, older people, physical health and mental health.





Legal Update





Q Overview

This full day course will provide an update on the Care Act 2014, Section 117, Mental Capacity Act and Safeguarding Adults. It will provide updates on recent case law and best practice.

This course is intended to be an update and therefore assumes reasonable prior knowledge.



18th September 2024 9:30-16:00

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Course Content

- Updates on recent case law
- Ombudsman reports
- Best practice
- Overview of recent SAR's
- Lessons learnt



About the Trainers

This training is co-delivered by Michael Mandelstam, Edge and the ELFT Safeguarding Adults Team.

Michael has worked in the field of health and social care for nearly 40 years. He has written many widely used legal books over a period of nearly 30 years.

Edge are leading experts in delivering legal training on health and social care law. Their main objective is to ensure the law is accessible to all health and social care staff in a way that leads to positive changes in practice.





Social Supervision



Q Overview

This course provides an introduction to the role of Social Supervisor of conditionally discharged patients. It will also assist line managers who are supporting Social Supervisors. Following completion of the course, participants will be sufficiently familiar with the requirements of the role as set out by HMPPS Mental Health Casework Section (MHCS) to act as Social Supervisors with confidence and authority.

Training Dates

3rd & 4th September 2024 9:30-16:30

Please note this is a 2 day course and you are required to attend both sessions.

🔍 Course Content

- Section 37/41 and Conditional Discharge
- Orientation to the role
- Mental Health Casework Section website and additional key resources
- Multi-disciplinary Team Work
- Who does what?
- Patient experience
- Anti-discriminatory practice
- Substance use
- Case law
- Reports
- MHT discharge criteria
- Personal safety

Click here to book



About the Trainer

David Cochrane (Edge) has been Head of the Forensic Mental Health Social Work Service covering Broadmoor Hospital and West London Forensic Service since 2003. David has a particular interest in the Social Supervision of Conditionally Discharged patients and has delivered many training courses on this topic across England and Wales.





Advanced Care Act





This half day training session provides an advanced overview and update of the Care Act 2014, in the context of mental health. It is aimed at managers and senior practitioners. It assumes a reasonable prior knowledge of the Care Act 2014.



17th October 2024 9:30-12:30

Course Content

- Legal principles and good administration
- Defensible decision making
- Wider legal framework
- General duties
- Assessment & eligibility
- Informal carers
- Charging rules
- Cooperation
- Personal budgets
- Safeguarding
- Ordinary residence
- Legal cases
- Ombudsman cases

Click here to book



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Professional Supervision





🔍 Overview

This training consists of one half day training, followed by a 2 hour check-in session for delegates to feedback on how they have used the supervision skills.

This training is suitable for social workers who would like to facilitate professional supervision with other social workers in a group setting.



10th September 2024 9:30-12:30

With a follow up on 26th November 9:30-11:30

Click here to book

Course Content

- Supervisor/facilitator skills & attributes
- Contracting
- Session structure
- Tools for supervision



About the Trainer

Alix Walton is a registered social worker with extensive experience in social work and further/higher education. Alix is currently a senior lecturer at Royal Holloway, University of London, as well as a freelance trainer and consultant.