



**East London**

**NHS Foundation Trust  
Information Governance**

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23 July 2024

**Our reference: FOI DA5472**

I am responding to your request for information received 5 July 2024 and clarified on 9 July. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

**Please note that the data supplied is not allowed to be re-used and/or published without the explicit consent of East London NHS Foundation Trust. Please contact the signatory to request permission if this is your intention**



We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

**Request:**

**Question 1: How many new and expectant mothers received specialist perinatal mental health support? Please provide data for each of the following years: 2021, 2022 and 2023.**

**Answer:** Please see table below:

Year	Referrals to Specialist Perinatal Mental Health Support Service.
2021	2598
2022	2957
2023	3109

**Question 1a: What is the total value of cost for such services - Broken down by perinatal depression, perinatal anxiety and perinatal psychosis?**

**Clarification: We are referring to the estimated value of cost for treating the three conditions stated.**

**Answer:** The total value of cost for Perinatal Services for 2023/24 was £89,704.

The Trust has reviewed your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record a breakdown of costs by diagnosis as requested and is therefore unable to provide a response.

**Question 2: How many mothers were diagnosed with postpartum psychosis? Please provide data for each of the following years: 2021, 2022 and 2023, as well as patient ethnicity.**

**Answer:** Please see table below:

Ethnicity	Referrals		
	2021	2022	2023
Asian or Asian British - Any other background	N/A	<5*	N/A
Asian or Asian British - Bangladeshi	<5*	6	<5*
Asian or Asian British - Indian	N/A	<5*	<5*
Asian or Asian British - Pakistani	<5*	N/A	N/A
Black or Black British - African	<5*	<5*	<5*
Black or Black British - Any other background	<5*	N/A	N/A
Other Ethnic Groups - Any other Ethnic Group	N/A	<5*	N/A



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White - Any other background	<5*	<5*	N/A
White - British	<5*	<5*	N/A

Please note: The system code used for recording postpartum psychosis is F53.1, which was searched.

This code also covers 'severe postnatal depression', which doesn't necessarily mean all patients with a diagnosis code of F53.1 have a diagnosis of postpartum psychosis - the code can mean either severe depression or psychosis or both.

\*Please note: The information you have requested relates to less than five individuals and therefore has the potential for those individuals to be identified. Therefore, we cannot provide this information which could contravene the Data Protection Act 2018/ UK GDPR.



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