



**East London**  
NHS Foundation Trust  
**Information Governance**  
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**Website:** <https://www.elft.nhs.uk>

25 July 2024

**Our reference: FOI DA5488**

I am responding to your request for information received 15 July 2024. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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We promise to work together creatively to: learn 'what matters' to everyone, achieve a better quality of life and continuously improve our services.  
**We care . We respect . We are inclusive**

**Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

**Request:** Under the Freedom of Information Act and the Code of Practice on Openness in the NHS.

The questions are in priority order, if this TAKES TOO LONG, please prioritise questions 1-5

**Question 1:** Please provide an outline of which elective mental health services you have and how they fit together, for example a service map or policy

**By 'elective mental health services' we mean elective routine mental health services. Specifically, for treatment that is not identified as being immediately required at the time of referral. This would exclude urgent or emergency referrals/services.**

**Answer:** The Trust has reviewed question 1 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 21(1) of the FOI Act states:

*(1) Information which is reasonably accessible to the applicant otherwise than under section 1 is exempt information.*

The information requested is accessible here:

<https://www.elft.nhs.uk/service-search>

**Question 2:** Please provide a list of all providers you hold contracts with for elective mental health services for adults (>18-years-old) that require a GP referral to access and the first appointment is not with a consultant or a member of a consultant's team.

**By 'elective mental health services' we mean elective routine mental health services. Specifically, for treatment that is not identified as being immediately required at the time of referral. This would exclude urgent or emergency referrals/services.**

**Answer:** The Trust has reviewed question 2 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record referrals as 'elective' as requested and is therefore unable to provide a response.

**For each provider, please provide:**

**Question 3: The service name**

**Answer:** The Trust has reviewed question 3 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

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**Question 4: Please state the clinician role who provides that first appointment (i.e. is clinically responsible for) the service. (I am not interested in personally identifiable information, I am interested in the position, e.g. psychologist or mental health nurse)**

Answer: The Trust has reviewed question 4 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:  
*Any person making a request for information to a public authority is entitled—*  
*(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and*  
*(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record referrals as 'elective' as requested and is therefore unable to provide a response.

**Question 5: The service specification (whether standalone or integrated in a broader service specification)**

Answer: The Trust has reviewed question 5 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:  
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*(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record referrals as 'elective' as requested and is therefore unable to provide a response.

**Question 6: The total number of referrals received in NHS Financial Year 2023/24**

Answer: The Trust has reviewed question 6 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:  
*Any person making a request for information to a public authority is entitled—*  
*(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and*  
*(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record referrals as 'elective' as requested and is therefore unable to provide a response.

**Question 7: The total number of patients who started treatment in NHS Financial Year 2023/24**

Answer: The Trust has reviewed question 7 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:  
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*(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record referrals as 'elective' as requested and is therefore unable to provide a response.

**Question 8: The total spend on the service in NHS Financial Year 2023/24**

Answer: The Trust has reviewed question 8 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:  
*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record referrals as 'elective' as requested and is therefore unable to provide a response.

**Question 9: The current wait time**

Answer: The Trust has reviewed question 9 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:  
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(b) if that is the case, to have that information communicated to them.*

East London NHS Foundation Trust does not record referrals as 'elective' as requested and is therefore unable to provide a response.

**Question 10: The current size of the waiting list and the date this was correct at**

Answer: The Trust has reviewed question 10 of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:  
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