



East London
NHS Foundation Trust

Freedom to speak up

Your voice matters



Champion

Barbara Tratsaert

Admin for NHS111 Mental Health

Freedom to Speak Up Champion

Base: Florence Ball House, Bedford

Email: barbara.tratsaert@nhs.net

Telephone: 01234 893 861

Anita Hynes

Freedom to Speak Up Guardian
East London Foundation Trust

Email: elft.freedomtospeakup@nhs.net

Telephone: 07436 027 388



Guardian



Take the first step
contact us today!



We care
We respect
We are inclusive