

Make a Difference with People Participation



Who are we?

People Participation is for the people, by the people. It supports service users and carers and invites them to get involved to improve Bedfordshire Talking Therapies. As a current or recent service user you can choose to participate in whichever way you prefer, as much or as little as you wish for up to 12 months after the end of your treatment.

Contact us

To make a difference and learn more about how you can get involved, contact your People Participation Lead for Psychological Therapies Eva Psychrani at eva.psychrani@nhs.net or 07823 900337

How you can help....

Working Together Group

- Attend monthly meetings to discuss ideas
- Learn from each other and find opportunities for involvement
- Work with staff on specific projects to improve the service (e.g, leaflets, therapy materials, marketing, access, community group delivery)
- Feedback on materials and communications

Interview Panels

- Receive interview panel training
- Help to recruit the type of staff that you would want to look after you or a loved one.

Training

- Various training courses provided
- Help to train Trust staff

