

Getting Your Voices Heard!

A Call to Action

Have you used the Perinatal Services in East London or Bedfordshire and Luton?

**We want to hear from you.
Use your voice to help shape our services**



What is it?

We have a new steering group for women birthing people starting in September 2024. The aim is to:

- **Acknowledge and address inequality**
- To bring together people with lived/living experience (women/birthing people) to **contribute, co-work and collaborate** on women's equity* in Perinatal services across The East London Foundation Trust



What does it involve?

You can get involved as much and as little as you like! Most of the meetings are online and last around an hour.

No matter how you get involved you will be remunerated for your time towards this group

**To find out more, please email
lara.oconnell@nhs.net or text/call
07584385927**

