



**East London**

**NHS Foundation Trust  
Information Governance**

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17 September 2024

**Our reference: FOI DA5545**

I am responding to your request for information received 15 August 2024. I am sorry for the delay in responding to your request. This has been treated as a request under the Freedom of Information Act 2000.

I am now enclosing a response which is attached to the end of this letter. Please do not hesitate to contact me on the contact details above if you have any further queries.

Yours sincerely,

Information Rights Coordinator

If you are dissatisfied with the Trust's response to your FOIA request then you should contact us and we will arrange for an internal review of this decision.

If you remain dissatisfied with the decision following our response to your complaint, you may write to the Information Commissioner for a decision under Section 50 of the Freedom of Information Act 2000. The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Tel: 0303 123 1113  
Web: [www.ico.org.uk](http://www.ico.org.uk)

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**Chief Executive Officer:** Lorraine Sunduza  
**Chair:** Eileen Taylor

**Request:** In your Provider Collaborative area:

**Question 1a:** How many CAMHS Tier 4 beds are commissioned? Please give figures for each year from 2020 – 2024.

**Answer:** The North Central and East London (NCEL) CAMHS Provider Collaborative has reviewed question 1a of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

The NCEL Provider Collaborative does not record the information requested in this format. However, the information is recorded in Occupied Bed Days (OBDs).

The NCEL CAMHS Provider Collaborative was launched in October 2020, where the CAMHS Inpatient commissioning responsibility was transferred from NHS Specialised Commissioning Team to NCEL CAMHS Provider Collaborative.

NCEL inherited the commissioning approach from NHS Specialised Commissioning Team. Therefore, instead of commissioning CAMHS Inpatient based on numbers of beds, OBDs are used. Please see the figures below:

- Coborn Centre GAU: 3,225 OBDs
- Coborn Centre PICU: 3,954 OBDs
- Beacon Centre GAU: 4,121 OBDs
- Brookside GAU: 4,770 OBDs
- Simmons House GAU: 3,831 OBDs

**Question 1b:** How many CAMHS patients were admitted informally to Tier 4 beds? Please give figures for each year from 2020 – 2024

**Answer:** Number of informal admissions from the NCEL CAMHS Provider Collaborative to Tier 4 beds:

- 2020: 231 informal admissions
- 2021: 162 informal admissions
- 2022: 154 informal admissions
- 2023: 132 informal admissions
- 2024: 66 informal admissions to date (23/08/2024)

**Question 1c:** How many CAMHS patients living [sic] have been placed out of area\*? Please give figures for each year from 2020 – 2024.  
(\*More than 50km away)

**Answer:** Number of NCEL CAMHS Provider Collaborative Children and Young Person (CYP) patients placed more than 50km out of NCEL area:

- 1<sup>st</sup> October 2020 – 31<sup>st</sup> March 2021: Ten
- 1<sup>st</sup> April 2021 – 31<sup>st</sup> March 2022: Fifteen
- 1<sup>st</sup> April 2022 – 31<sup>st</sup> March 2023: Three
- 1<sup>st</sup> April 2023 – 31<sup>st</sup> March 2024: One
- 1<sup>st</sup> April 2024 – to date: None



**Question 1d: How many CAMHS patients have been admitted to an adult psychiatric ward? Please give figures for each year from 2020 – 2024.**

Answer: Number of NCEL CAMHS Provider Collaborative CYP patients admitted to an adult psychiatric ward:

- 1<sup>st</sup> October 2020 – 31<sup>st</sup> March 2021: Three
- 1<sup>st</sup> April 2021 – 31<sup>st</sup> March 2022: One
- 1<sup>st</sup> April 2022 – 31<sup>st</sup> March 2023: None
- 1<sup>st</sup> April 2023 – 31<sup>st</sup> March 2024: None
- 1<sup>st</sup> April 2024 – to date: None

**Question 1e: How many CAMHS patients have been admitted to a physical health ward due to a lack of availability of a Tier 4 bed in your provider collaborative area? Please give figures for each year from 2020 – 2024 and specify whether the bed was an adult or child physical health ward.**

Answer: The NCEL CAMHS Provider Collaborative has reviewed question 1e of your request for information under the Freedom of Information Act (FOI) 2000.

Section 1(1) of the Freedom of Information Act 2000 states:

*Any person making a request for information to a public authority is entitled—  
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and  
(b) if that is the case, to have that information communicated to them.*

The NCEL CAMHS Provider Collaborative does not record the information requested and is therefore unable to provide a response.

#### **Access Assessments:**

**Question 2: We understand that access to CAMHS Tier 4 inpatient services is by way of an Access Assessment. Please provide details of the policy and procedure for carrying out CAMHS Tier 4 access assessments, together with any further documents pertaining to Access Assessments.**

Answer All NCEL CAMHS Provider Collaborative referrals for CAMHS Inpatient beds are made directly to the Patient Flow Team (PFT) using a Form 1, which is a national referral form.

Please see below (extracted from PFT Standard Operating Procedure):



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## Identifying Need for Tier 4 In-patient Beds/ Access and Assessment protocol

In line with recommended practice, the bed management team will work with community CAMHS teams to review and agree the most appropriate level of care.

Following Assessment and Risk Assessment by a community CAMHS team, should a tier 4 placement be identified as possibly required, the clinical with the bed management team will liaise with clinicians in the Young Person's local CAMHS crisis/inpatient pathway to determine the most appropriate care pathway. Depending on locality this may include consultation with:

- NCL Nurse Out of Hour Service & HTT
- NELFT Interact Team
- Home Treatment Teams (HTT) & ELFT ICCS: the HTT & ICCS will screen the case to consider whether they are able to provide intervention to keep the CYP at home and avoid admission. If they are unable to offer a place within the HTT/ICCS, the bed management team will be notified and will commence bed finding.
- Borough based CAMHS Crisis Teams, Adolescent MH Teams and AOT teams where they exist.

If the Young Person has Autistic Spectrum Disorder and/or Learning Disability a Community Emergency Treatment Review (CETR) should be arranged by the referring clinician prior to admission wherever possible. The exception is when an emergency admission is required which cannot safely be delayed for the CETR. If the admission is deemed urgent and necessary, then a LAEP (Local Area Emergency Protocol) should be carried out before any admission to Tier 4 services.

Referral for Tier 4 admission should only be considered when:

- All community services and options have been ruled unsuitable and there is no viable alternative within the local provision of care.
- Inpatient care, or intensive community treatment is the least restrictive, effective and safe option available to manage the clinical situation

### **Question 3: Is there currently a waitlist for Access Assessments and if so, how many people are on the wait list in your Provider Collaborative area?**

**Answer** The NCEL CAMHS Provider Collaborative does not have such a waiting list for access assessments.

### **Question 4: Have any Mental Health Act assessments, where it has been determined that the child needs compulsory detention, been overridden by access assessments in your Provider Collaborative? Please give figures for each year from 2020 – 2024.**

**Answer** The NCEL CAMHS Provider Collaborative Mental Health Act assessment information was only collected for 2023 onwards. This is when NCEL as a collaborative made the decision to expand their local database to incorporate MHA status, which enable NCEL to audit this information.

There have been such cases. Please see below for number of cases:

2023: <10.

2024: <10.

With regards to the data, the information you have requested relates to less than 10 individuals and has the potential for those individuals to be identified. The Trust is therefore unable to provide this information in detail.



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