

# OCCUPATIONAL THERAPY SCHOOL NOTICEBOARD

## UPDATES FOR SEPTEMBER 2024

### ANNOUNCEMENTS

#### CHANGES IN THE SCHOOLS MODEL

We are now entering the 3rd year of our OT School Model. We have worked alongside so many schools, forming some very exciting and unique partnerships. This year we will continue to work in Hub Teams supporting schools as best we can. We will also be working on meeting some of the statutory requirements and assessing more children for EHCPs.

#### GET SET FOR LEARNING UPDATE

Following successfully setting up over 30 Get Set For Learning Groups last year and hearing some great feedback from staff, we hope to continue this programme as we move through the new school year.

We are working hard to have all the processes set up and ready for the second half of this term.

#### SCHOOL TRAINING UPDATE

We are busy recording the Top Five trainings that were requested and attended last year, making training more accessible for staff to access more convenient times.



### a big THANKYOU!

A special thanks to the teaching staff and students at Royal Docks Academy for their involvement in the Self-Care and Independence Skills group. The secondary students received weekly support for a few weeks to develop important skills like organizing belongings, tying shoe laces and school ties. The teaching staff effectively followed OT advice, providing students with the right level of support and opportunities to practice these skills.

The collaboration between the TA and the OT at Eastlea Community School to run the Period Management group was a success. The group helped students better understand how to manage their periods, and feedback from parents indicated that it encouraged open and safe conversations about periods with their daughters.

Many thanks to the SENCo Diana (Calverton), Ilze (Ravenscroft) and Sophie (Cumberland) for their continued dedication to supporting students with sensory differences! We are excited to see your schools ongoing progress following completing the schools sensory environment checklist rooted in evidence based research!

Brilliant use of resources and creativity in all of the Get Set For Learning training or/and groups at Calverton, Cleves, Connaught, Cumberland, Selwyn, St Helen's, St Joachim's, Ravenscroft and Tollgate! Many thanks to all the dedicated staff starting every day with energy and passion to support their students regulation!

## OT'S EXCITING LAUNCHES

### EDUCATION AND HEALTH CARE PLAN WEBPAGE

We have recently released an education and health care plan page that details lots of information about how the EHCP assessment pathway works.

Please take a look if you would like to find out more:

<https://www.elft.nhs.uk/scyps/our-services/occupational-therapy/education-health-and-care-plans>

### KS1 OT PARENT COACHING GROUPS

Following the huge success of our pre-school OT parent coaching groups, we have now launched a new KS1 parent coaching group!

If a family is reporting that their KS1 age child is having OT related difficulties at home please discuss this with your OT hub lead.

### EDUCATION PACK UPDATES

We have updated our education resource pack, which can be accessed by visiting our schools webpage or following this link:

[https://www.elft.nhs.uk/sites/default/files/2024-08/COMPLETE%20OT%20Ed%20pack%20booklet%20-%20Updated%20Aug%202024\\_1.pdf](https://www.elft.nhs.uk/sites/default/files/2024-08/COMPLETE%20OT%20Ed%20pack%20booklet%20-%20Updated%20Aug%202024_1.pdf)

This is a great resource to find out more about what is OT, some common conditions and how to support children and young people with over 15 different life skills!

**Some of the topics we have recently added are:**

- Clothes fastening
- Wearing a tie
- Period management
- Organisational skills
- Grading and adapting tasks
- Accessing a new environment
- Managing transitions between activities



## UNIVERSAL RESOURCES

We have an excellent bank of resources available on our website and YouTube channel which provide strategies and approaches to help with a range of difficulties that your students may face.

**OT Website -**

<https://www.elft.nhs.uk/scyps/ourservices/occupational-therapy>

**Schools webpage -**

<https://www.elft.nhs.uk/scyps/our-services/occupational-therapy/bringing-ot-schools>

**Sensory zone webpage -**

<https://www.elft.nhs.uk/scyps/our-services/occupational-therapy/our-sensory-zone>

**OT Youtube Channel -**

<https://www.youtube.com/channel/UCK3uhZWJh8SocdtJVIwt9Fg>

**School Hub Line**

Tel: 020 8586 6480

Tuesday 8:30am – 10:30am

Thursday 3:00pm – 5:00pm

Could we ask all staff to remember that the schools hub line contact number is for staff use only, and should not be given out to parents or carers to contact us.

